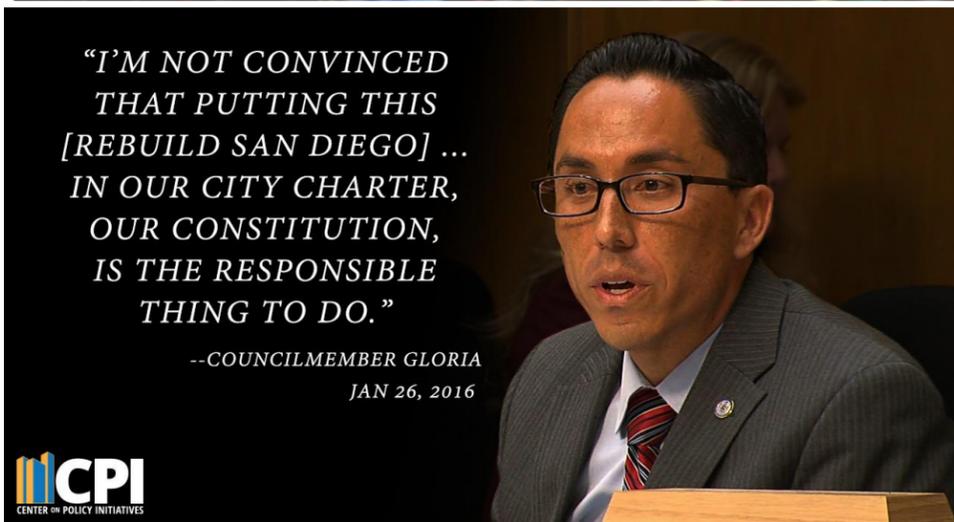


San Diego Homeless News

February 12, 2016 • San Diego's Underground Newspaper • Our Seventh Year



The Center on Policy Initiatives is sponsoring a petition to rethink the "Rebuild San Diego" plan, a plan which would require changing the City Charter. Both the City Attorney and the Independent Budget Analyst (Republicans) oppose this plan, and so does (Democrat) Todd Gloria. More information at cpisandiego.org. And, photos of how building demolition in Mexico provides jobs and housing for its homeless. (See Article).

This is the basic plan: Editorials: Problems, Proposed Solutions, Other Suggestions, Ideas, Things That Work.

Politics: Corruption, Censorship, Abuses of Power, Economics, Mental Health, Religion. Comic Relief.

Elections; Help or Control? (2) Cellular Scams, Think Tanks, Free DMV Fees, Legal Clinics (3) Mental Health Resources, Hints & Kinks: How Mexico handles homelessness, Ideas (4) Snide Comments, Masthead.

Elections Only 4 Months Away!

It will be the June 2016 Primary Elections that determine politics in San Diego, not the "big" elections in November. Register to vote immediately! You can register to vote regardless of criminal convictions, ability to prove your address, etc. **Will our elections be fair?** Michael Wu, current San Diego County Registrar of Voters, had more than one of his top people indicted on Voter Fraud charges, back in Cleveland (Cuyahoga County) Ohio in 2006. The scam involved Absentee Ballots, and I have a few suggestions for rules for how those be handled. Ray Lutz, on Facebook, also has suggestions for handling voter fraud prevention.

Our Picks: We like Mike Aguirre for Mayor, alternates Marti Emerald, Todd Gloria or David Alvarez. City Attorney, Gil Cabrera or Bryan Pease. Many other offices we are not seeing any significant difference between candidates. Vote for Joe, or Joe's brother Frank. They are both Democratic-Republicans, from our one and only political party, the Bar of London.

Lori Soldaña? We support her, but how is she going to beat Faulconer? Are the Republicans paying her to run for Mayor as a Democrat? Todd Gloria could probably get elected, so the Good Olde Boys of the Bar (Mafia) are bribing him with a higher elected office. Politics is acting, just like Public Relations and ministry (and Publishing!), so when you go into politics, the

gangsters tell you what to believe and what to say. Memorize the script. Why don't we cover City Council meetings? They have no purpose except to inform the public of things that were already decided. Decisions have to be presented, per applicable laws. You get to comment and be ignored.

Help or Control?

Are your groups helping you or just controlling you and your beliefs on behalf of the rich banking and corporate families? Control is important, but it must allow you the room to grow, seek the real truth, and **get as fair a deal as you can for your life.** Just keeping you alive and making you shut up is not reasonable "help", if it is that at all. The two groups that seem to control the help of the nonprofits are Catholic Charities San Diego, and the United Way. The latter is predominantly Jewish, but just like CCSD, support is both given to and received from all religions and cultures. Both have plusses and minuses, and supply lots of Public Relations propaganda, control of the media and professions, thousands of secret societies and undercover agents, and a big following of donors and volunteers. Since my aim is to better society, **how could these two groups become improved?**

Not by donating or volunteering, but what might help is inside intelligence information, such as someone posing as a client who is actually a member of a competing secret society. Above all this mess (donors, volunteers, news media, secret societies, nonprofit financing groups) is the Bar (including both the Italian and Jewish Mafias) and caution is needed as they control the legal system, and in so doing, also the police. So, where do we begin to make life better? We all want to help, and make a difference, but donating and volunteering only help to bolster the gangster groups in charge.

Consider donating directly to those who are poor, so that 100% of your money goes to them, and not to the electric bills, office managers, printers, public relations agents, real estate agents, and all the other huge expenses of the nonprofits, for example. The poor will use your money for drugs? Probably not, although they do need some form of escape just to stay sane. Getting kicked in the head by passers-by and urinated on by their dogs is a very rough life. They need money for the bus, flashlight batteries, postage and resume printing to seek jobs, money to buy used clothing, toiletries such as cologne and shavers, that

sort of thing. Since the “free” cell phones are a scam, they also need money for cell phone service (See next article). Housing? Sure, but not at the super-expensive prices that are currently being charged to the government for same. My idea from the 1970’s was to use For-Profit companies to train and employ the poor, teaching them (as interns) to weld, repair engines, maybe even lay trolley tracks. And, of course, how to sell, as every business needs salespeople.

“Free” Cellular Scams:

Approached at a trolley stop, the man asked me if I had my FREE cell phone yet. I told him that I was scammed 4 times by 3 different companies, and his company, Assurance Wireless division of Virgin Mobile, was the one that scammed me twice. I told him he should be sent to prison. I was a paid customer of Virgin Mobile something like 25 years, until I switched to their “free” Assurance Wireless service, and they kept my old account credit-balance, in violation of California law. I made 6 attempts to collect, to no avail, and even considered Small Claims Court. Six months later, still with Assurance Wireless division of Virgin Mobile, they shut off my service, making me pay to get my phone number back (which I paid thousands of dollars for, 619-390-5000) and claiming that the State of California required them to shut off my service. That is NOT what the California Universal Lifeline Administrator told me. They said it was the cellular carrier that shut me off. Other cell companies managed to “phish” my personal information, even ordering merchandise using my credit card number, and some caused literally millions of SPAM e-mails. One company billed the State of California for 8 months of cellular service that I never received, too. Want more of the same? No thanks. Now I am on TracFone, six cents a minute to nearly every telephone in the world, including international, and no monthly charge at all. They also give me internet and wi-fi. I got my TracFone at WalMart, about \$11 with an excellent camera and MP3 player. So, you cellular “free” scammers can go fuck yourselves.

Think-Tanks:

The Coalition For Basic Dignity, San Diego (CBDSD), guests of the Girls Think Tank (GTT), did not meet in January, due to the New Year's Holiday. ♦♦♦♦♦

MAPSS, the Metropolitan Association of Providers of Social Services also held no regular meeting in January. ♦♦♦♦♦

The Coalition For Basic Dignity, San Diego (CBDSD) met February 4, per usual, the First Thursday of each month at 6 PM, 330 A St., Downtown San Diego, as guests of the Girls Think Tank, which is now called “Think Dignity”. 16 were present, about half homeless persons and the other half lawyers, ministers, news media, other professionals. • One of the two Portland Loos has been removed by the City and is in storage, the one in the San Diego Padres parking lot. This is the location that this newspaper said would not work. El Cajon City has a good format for toilets in one of its parks, Wells Park, 8 individual toilets, each with a door to the outside, and none has a sink or electrical outlet, just a toilet and paper. Sinks and such are outside. Good design. Toilets are a major quality-of-life issue, and it was mentioned by community leaders how abominable the toilets are at Father Joe’s (15th and Imperial, downtown.) • Homeless morale and loss of the will-to-live has been a problem, with most eventually committing suicide either directly or indirectly. Indirect suicides are recorded as causes other than suicide. Suggestions for the improvement in morale, and reduction in death rate, included art projects (decoration of fences, painting of murals, homeless art displays in coffee shops, and similar) and also homeless sporting events, such as a soccer, baseball, or basketball game played by the homeless. A battle of the homeless bands was also suggested. More ideas were a restaurant run by the homeless, house-sitters or an agency like that, and even building tiny houses for the homeless. Amikas and H2H (Homeless to Housing) are teaming up to work on that last idea. See next article. • I mentioned that Project Homeless Connect needs a new name, better organization, and a total rework. • I stated that I am seeing efforts from the nonprofits that are 90% Control and only 10% Help, and we can do better teaching folks to fish than instead giving them a fish. More ideas needed on Morale (I add a few at the end of this article), and the group never got around to a “Free Store” and what it would have in stock to give away, like they do in Australia. **I did not see value in this meeting**

regarding new ideas to replace old and failed thinking, just Public Relations, more propaganda, and some quasi-religious networking. I was ineffective myself, because this was a 17-hour workday for me. • On the will-to-live, I do not see art or sports (or even video games) as being any more promising than using alcohol or drugs as an escape, and let us remember all the mural artists who jumped off the Coronado Bridge. **Lives are at stake, so instead of making more dignity, can we make homelessness less brutal?** And, I am not writing about Police brutality, either, but rather the public beliefs, attitudes, and perceptions about the homeless. Psychological theory says that difficulties in obtaining food, water, clothing, shelter, and personal safety are a recipe for death. Instead, we get the nonprofits recruiting participation from homeless that are complacent and obedient, applauding any propaganda that comes along. Puppy-dogs, in other words. On morale, I suggest a Voter Registration Drive, computer classes specifically for the homeless, help with self-employment, and maybe an event or two such as a movie, barbecue, or hike. How about On-The-Job paid training?

Other News: **Amikas and Homeless-to-Housing have teamed up to build tiny houses for the homeless.** Contact Jeeni (619) 822-2782 or Lisa (619) 813-9920 to volunteer or donate. • Clean and Safe “Ambassadors” are again looking almost exactly like San Diego Police, with blue uniforms, badges, patches, perfect for the intimidation process. What is wrong with requiring the yellow or orange vests? • **Deported Veterans of America** has an office in Tijuana that helps US military veterans with Honorable Discharges that became deported instead of being granted citizenship. Visit their website at www.DeportedVeteransSupportHouse.com. • Occupy Goldman-Sachs reports that **Donald Trump** complained about our military veterans “clogging up the sidewalk” on 5th Ave. in New York, and suggested they be arrested. Could he even run a car wash, much less a country? I could see paying them a lot more money, and then demanding that some of it be used on rent. •

Free or Reduced Fee Driver's License Info:

From San Diego Reentry Roundtable, via MAPSS **Agencies:** www.dmv.ca.gov/portal/dmv/dl/moredriverlicenseinformation, Request a Form DL 932, allow 4 to 6 weeks for processing, any questions phone (916) 657-5691. **General Public:** Fill out this Request form for the on-line new form: <https://www.dmv.ca.gov/portal/wcm/connect/6d72d87b-1216-48b1-9e52-42170cbbba358/dl932.pdf?MOD=AJPERES> Email filled out Attachment to dmvsdpublicforms@dmv.ca.gov

Free Legal Clinics in San Diego:

Clinic dates are subject to volunteer availability. • Volunteer attorneys and law students are available for consultations and referrals only. • Specific legal advice is not provided.

St. Vincent de Paul Village – General Public

1501 Imperial Ave., San Diego 92101. Every Thursday each Month, except for the first Thursday: 6-7 pm. Also available in Spanish. <http://www.thinkdignity.org/legal-referral-and-advocacy-clinic>

Downtown San Diego Library – General Public

Mary Hollis Clark Room, 1st Floor, 330 Park Blvd, San Diego CA 92101. Third Wednesday of Every Month: 1-2 pm. Also available in Spanish. <http://www.thinkdignity.org/legal-referral-and-advocacy-clinic>

(Clients of San Diego Rescue Mission, Clients and Parents of Monarch School for the Homeless, and PATH Residents also have special legal clinics for their members only.)

The Third Avenue Charitable Organization of the First Lutheran Church, 3rd and Ash, also has a free legal clinic on Mondays, 5:30 – 9 PM. See <http://tacosd.org/law.html>

Mental Health Resources in San Diego: from the MAPSS StreetLinks Seminar

DOWNTOWN IMPACT (Intensive Mobile Psychosocial Assertive Community Treatment)

Case management, Housing assistance, After hours' crisis line **619-241-3700**, medication management, Psychiatric evaluations, and vocational services • Homeless or at risk for homelessness who have serious mental health illness, as well as individuals with co-occurring substance-related disorders • Referral can be made by calling **619-398 2156**, Fax- **619-398-2168**. Walk in Jane Westin Center **619-428-2600**

NORTH CENTRAL MENTAL HEALTH CLINIC Includes daily walk-ins. On site social workers and psychiatrist. First visit client is evaluated and according to severity may be seen by a provider that day. Otherwise a follow-up appointment will be given. If not eligible for services will be referred to other appropriate services • Serves clients who have severe/chronic mental health illness, within 92106-92111, 92116-92121, 92037-92038, 92169 & 92093 ONLY • **Walk-in clinic- 8:30-3:30M- F 619-692-8750 No appointment needed**

PSYCHIATRIC EMERGENCY RESPONSE TEAM (PERT)

Assesses need for a Psychiatric hold (5150). Makes referrals to appropriate services • Persons who are having a mental health crisis. Works with law enforcement • Works with emergency services. You can reach them through 911 Or the non-emergency Police number 619-485-1432

ALVARADO PARKWAY INSTITUTE (API)

Works with PATH program downtown. Services their clients. Has outpatient programs to monitor and assist clients with mental health and substance abuse problems. • Must have insurance, Medicare/Medi-Cal, private insurance. Please call for more information. • For information and referrals call 619-485-1432 <http://www.apibhs.com>

API CONTINUED

Discovery Clubhouse, 5538 University Ave. San Diego, CA 92105. Saturday & Sunday 12 pm to 4 pm. Purpose is to focus on strengths and skills rather than limitations • Must be over 18, no fees for most services, have mental health disorder or substance abuse issues • Discovery Clubhouse Membership information **619-667-6176**

CONSUMER CENTER FOR HEALTH EDUCATION ADVOCACY

Serves eligible individuals who are having difficulty accessing public or private benefits. Is the SD County designated patient's rights advocate for outpatient Mental Health services • all services have no fees • 1764 San Diego Ave, suite 200. 877-734-3258 (toll Free) www.lasdsd.org

VA MENTAL HEALTH URGENT CARE CLINIC

Urgent Medication Refills, Mental health Crisis, Mental health Evaluations, **Crisis Line-1-800-273-8255** • You must be a Veteran who is eligible for medical care and be enrolled in SD VA Health Services • San Diego VA medical Center, 2 North, 2nd floor, 3350 La Jolla Village Drive, San Diego, CA 92161 8-4 M-F. **after hours go to VA emergency room on campus, 858-552-8585**

NEXT STEP NATIONAL ALLIANCE ON MENTAL HEALTH (NAMI)

Information on community resources, Support in obtaining health insurance and other benefits, coaching and mentoring, Peer and family support/education, linkage to mental health, substance use, physical health services and other social services based on the client's self-identified needs. Support, education and resources provided to family members and significant others of clients in the program. • Adults 18 and over who are experiencing challenges in the areas of mental health, substance use and physical health. Must be a client of Emergency Psychiatric Unit (EPU) , Crisis Recovery Unit inpatient (CRU) , SD County Psychiatric Hospital (SDCPH) or client of SD County operated clinic or DUI program • Located at CMH campus, 3853 Rosecrans St, San Diego, CA 92110. 619-542-4166 www.namisaniego.org

HOMELESS OUTREACH TEAM (HOT)

Assist the City and County in providing better service to the at-risk homeless population; Intervention by police who are skilled in evaluating and referring to appropriate agencies • Any Homeless who may be in crisis • To reach the HOT team you will need to access 911. Most times it is the police who call the HOT team for help

DOWNTOWN FAMILY HEALTH CLINIC, AT CONNECTIONS

They do not have emergent services. It may take up to two weeks to get an appointment. • Family Health Centers takes most insurance. They also have some funding for uninsured Homeless. They serve adults and children • Mental Health referral specialist **619-515-2338**. Logan heights Counseling Center- **619-515-2355**

Hints and Kinks:

How Mexico deals with homelessness – Photos page one

Buildings which are to be torn down contain a lot of valuable building materials. Anyone who obtains permission from the owner gets to live at the building they are razing, plus cash in the metal and wood. The wood is sold for handyman use, firewood, and other pieces for wood pulp to make paper, and even to distill methanol. Takes too long? There are schedules which must be adhered to. And, look at the cost to raze a building in San Diego. This is free.

Exclusions: They won't let me: (A) because I have a: (B). A: vote, get a passport, obtain General Relief, get Food Stamps, more. B: criminal record, owe Child Support, have an outstanding warrant, many other bogus reasons.

Most of all these are either lies, or they **used to** be true and aren't anymore. There are a huge number of laws that are still on the books but have been thrown out by the courts, too. Only a lawyer can tell you for sure, so visit a Legal Clinic. Lots of laws like this have time limits, too. We list some free law clinics, elsewhere in this issue.

Ideas:

The **San Diego Eviction Commission**, gives permission for an eviction, and also expedites the process, from both the Landlord and Tenant perspective. Alternative plans possible, maybe a loan, maybe different housing, maybe work done for the Landlord, who knows? Going to court usually just results in all parties losing. Representatives include government, real estate, nonprofits, and the homeless. In some cases, Rapid Rehousing may guarantee payment, so the Landlord gets paid.

Unauthorized History:

Charles Lindbergh a Racist (Nazi)?

Supposedly, our local airport, Lindbergh Field, is trying to distance itself from Lucky Lindy, because President Franklin Roosevelt called him a Nazi. Well, **the word had a different meaning before World War Two**, with the Tories favoring Great Britain running the World Bank, and the Nazis favoring Germany. Lindbergh was anti-war, not anti-Jew, and Hitler did not yet have a falling-out with the Jews, representing himself as pro-Jewish. Roosevelt ended the Great Hoover Depression in the Americas, and Hitler ended it in Europe, with a whole lot of Jewish money being used on both sides of the Atlantic. Of course, the word Nazi would end up becoming an awful word, as it is today, but it was not the same at that time. As far as heroism goes, it is the aircraft that is legendary, and it was built at San Diego's Lindbergh Field. Charles Lindbergh is just an excellent pilot who found methamphetamine to stay awake for several days straight. The word "Nazi" and the swastika suffered the same fate: Originally, the swastika was the Chinese word for a thousand years of world peace.

US-Mexico Immigration

Before World War Two, there were very few Mexicans living in the US, compared to today. After that war, circa 1945, **immigration policy let anyone from Mexico move to the United States, permanently, provided they had a job and place to live waiting for them.** In order to both make more money than would be made in Mexico, plus to facilitate the wishes of those who wanted to move to the US, the Mexican International Corporation, Pepsico, the Pepsi-Cola Company, funded the establishment of many US businesses. In addition to Pepsi, they established Frito-Lay, Wonder Bread, Hostess Twinkies, Dolly Madison sweetrolls, ITT Telephone and Technical Schools, A&W Root Beer, Kentucky Fried Chicken, Bomberg's Bakeries, Continental Baking Co., Red Lobster, Captain's Steak Joynt, Big Boy's Restaurants, Taco Bell, Chicken Delight, Domino's Pizza, Arby's Roast Beef, and way **PAGE 3** more. Big Boy Hamburger is the most interesting of

these, as each Ruling Class Family in Mexico had its own geographical area of the United States: Shoney's Big Boy, Marc's, Bob's, Elias Bros., and more. Shoney's Big Boy was the precursor for Shoney's Restaurants, too. And, the Hostess cupcakes and Twinkies (as well as the Dolly Madison products) are all traditional Mexican "pan dulce", sweetrolls.

Best and Worst US Presidents

Best among the Democrats, Franklin Delano Roosevelt, who ended the Great Depression and got more fairness for workers, in addition to founding the Social Security System. Second-best Democrat President, Bill Clinton, who proved that being fair, and having a great economy, can still be done this late in history. **Worst among the Democrats**, Lyndon Baines Johnson, who helped kill President Kennedy so he could be President, and raped the taxpayers by making money on the Vietnam War that we still have not finished paying for today. Also the worst, Jimmy Carter and Barack Obama, who basically accomplished nothing, despite serving at a time that their leadership was sorely needed.

Best among the Republicans, Dwight Eisenhower, who got the nation stabilized after World War 2. **Worst among the Republicans**, Richard Nixon, who conspired to kill John Kennedy, Robert Kennedy, and Martin Luther King; Abraham Lincoln, who got the nation into a Civil War, and ultimately had to free the slaves so that they could not be made into soldiers; George H. Bush and George W. Bush, both of whom sold out the country to the bribes of the super-wealthy, causing havoc among all social classes.

Why Me?

I would like to own a tiny bakery and deli, specializing in exotic soups, somewhere downtown. I would like to start a Dial-A-Geek service for 24/7 human internet help. I would like to start an internship services program to teach poor folks to become house painters and handymen. I would like to start a rural handyman business specializing in mechanical repairs. Will the economy ever be good enough to do any of these?

Snide Comments:

Sorry about the lack of humor recently, as I am very busy.



Cheez Whiz is a mix of cheez and whiz? Okay. • **Warning: This product contains/produces chemicals known to the State of California to cause Bestiality, Premature Ejaculation, television addiction, religious belief, sports betting, pornographic perversion, ignoring reality, speaking in tongues, wearing high fashion, and failure to believe government propaganda delivered by the news media. This can cause slavery, insanity, poverty, stomach upset, diarrhea, unwanted pregnancy, and huge real estate mortgages. Use with extreme caution.** • A minister said that the intense rain was God punishing us for legalization of gay marriage. I told him it was God's reward to help with the water shortage we've been having. I should have said, "God? God who? Sorry, but I'm not an ape." • Since San Diego businesses only hire family members and close friends, except to be the janitor, how is school going to help you? Will you be moving someplace else, or is it a janitorial school? • I guess a Mayor that emphasizes drought politics beats one that is all wet. I could have started a sex scandal back when I reported on the Mayor's Escorts, but having had Filner mistreated on that issue, did not want to add Faulconer to the list. And, he has since cleaned up his act, considerably, which is what Filner should have been allowed to do. • Long ago when I asked Google for information on the homeless, it asked whether I wanted info on homeless dogs, or homeless cats. • All schools are somewhat of a scam, only varying by how much. • I had 4 medical appointments scheduled for last December, but all were

rescheduled for January, and then again February, and a few for March. What's going on with Healthcare? •



Published by San Diego County's **11% (330,000) Homeless Rotation, 15,000 to 40,000 (on any given day) Un-housed, and 2 Million+ Nearly-Homeless* (Official HUD Statistic for what THEY call San Diego's "Cost Burdened". The State of California calls them "Financially Stressed.") San Diego: At Least Triple the Homeless by Percent of Anywhere Else in the World**

We go out to 179,000, usually in the first ten days of every month, more often when necessary. COPYRIGHT **2016**, ALL RIGHTS RESERVED, Dr. John Kitchin, Ph.D., Publisher. **Yes, circulation is down 3 thousand.**



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We represent the world's fastest-growing ethnic group, the homeless, the only group that gets **NO** protection from discrimination in employment, housing, education, or hate-crimes. We are those who suffer because the wealthy own everything. No one **WANTS** to be homeless nor **CHOOSES** to be homeless. It happens when everything you do to prevent it fails to work. Making anything illegal that cannot be prevented makes no sense. Instead, make it illegal for circumstances to force people to become homeless against their will. Once homeless, people will need to use booze or dope, just to stay sane, and many lose that fight, too, becoming mentally ill and often killing themselves. This ends the problems that society forced upon them. Self-Servatives (Con-Servatives, Con Artists that Serve themselves) cause funerals, but they don't mind, because they don't believe in God.

Being homeless on the sidewalk is a lot like being at the zoo, except you're the exhibit.

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