

**A Treatise on Sexual Assault**, by Dr. John Kitchin, NZ9F, Ph.D. in Applied Psychology • Draft Three. Nov. 27, 2016.

## **INTRODUCTION:**

Sexual Assault is considered a Women's Issue, but it is really about men and women committing crimes, so behavior is the key to understanding and preventing it. Not only women, but also men, are the victims, and both sexes are the perpetrators, too. Psychologists know what causes Sexual Assault, and also what causes Criminal Recidivism (the tendency of criminals to repeat crimes), but all of these things deal with societal secrets and are therefore not studied nor written about. The framers of society do not wish some of these secrets to prompt a re-think about how certain things become handled. I get into why jails and prisons do not work, elsewhere. Society does bear some blame as to why Sexual Assault was never eliminated. Indeed, a Psychologist who tells the truth on issues such as this risks the loss of his or her professional license. I will attempt to simplify the causes and prevention of Sexual Assault in this treatise, making it understandable. This treatise was inspired by Think Dignity (formerly the Girls Think Tank), which is currently researching Sexual Assault as it occurs in the context of homeless women. I am elated that they would open up discussion on this very important topic. This was originally written about homeless women, who are sometimes victims of male-female Sexual Assault, but this was expanded to cover many other types.

## **CAUSES OF SEXUAL ASSAULT:**

Sexual Assault is a mean, aggressive, destructive behavior, and a misnomer, because "sex" is supposed to be a pleasant and satisfying experience, not a horrific one. It is caused by (1) misunderstandings (of both perpetrator and victim), (2) defects of mood, (3) frustration producing anger, (4) brain memory flaws in our human design, and (5) by millennia of Genetic Memory. Discussions on Genetic Memory are taboo in our society because they directly have to do with Gnosis-Tantra-Cabalism-etc., the "Religious Secrets". Cats

mate via Sexual Assault, which has unfortunately been around in human society forever. It may be that understanding it thoroughly can be used as a key to preventing this violent act.

## **REALITIES VS. STEREOTYPES:**

Society has always had different stereotypes for males and females, which arose out of the fact that women get pregnant and men do not. This led to a promiscuous male being called a "jock", "stud", "he-man", and all sorts of other macho "good" words supposedly equating sexual prowess with promiscuity. Your son cannot get pregnant. Your daughter, on the other hand, would be called a "bitch", "slut", "whore", "loose woman", or similar for exhibiting the same behavior. Once upon a time, paternity could not be proven, and, there was no truly effective birth control. The framers of society (the Bar, Freemasons, Pharistocracy, Mafia, Illuminati, etc.) saw these as an opportunity to promote monogamy and fidelity (so that men knew that their children were really theirs) as well as to pyramid overpopulation, suggesting adoption and unwanted children instead of birth control and abortion. The framers of society make money on overpopulation via ownership of real estate and food production.

Nowadays there is effective birth control plus a one-pill pregnancy cure, too, so women and men should finally be able to be treated equally? Lots of progress made, but still inequities. Males are still supposed to be stronger, taller, wealthier, and all the rest of that bullshit, though, including sexuality, and females are supposed to be gentle, caring, loving, chaste, and similar ridiculous nonsense. The stereotypes obscure the realities about Sexual Assault. Nowadays, in a prison or the military, male-male Sexual Assault is more common than male-female Sexual Assault.

## **MEMORY:**

Sigmund Freud tried to understand why people hate, kill, torture, and other similar acts. It was eventually found that there are several separate and different systems of human memory, loaded into different areas of the brain. Some of our

memories are related to survival of our species, things like fight-or-flight, determining when to run versus when to become violent. There are two main types of memory, Regular Memory, which needs no explanation, and **Genetic Memory**, and its adjunct **Survival Memory**, which is the kind of memory that Sexual Assault is all about. Genetic Memory is also known as talent, innate abilities, instinct, and many other words, including things like "past lives" and such. The feelings that we have all had previous life experiences created such ideas as reincarnation in religion. The truth is that all mammals pass on this type of memory to their children. 2% of your DNA is the blueprint to build your entire body, and the other 98% of your DNA, called "Non-coding DNA" is Genetic Memory. All memory is stored in DNA and RNA in the brain, and many of these things are absolutely necessary to survive as a human being. Genetic Memory includes things like how to cry, how to suck milk, how to swallow, that sort of thing. There are also memories inherited regarding how to learn to walk, or even how to play the piano. This is given to you by your parents, in their DNA, and these memories are present in your brain cells at birth, in a separate memory section. Everything on Wikipedia about Non-coding DNA I found to be complete lies. All of Genetic Memory, including its existence, is a secret.

Besides Genetic Memory from your parents, included in your own DNA from them, Genetic Memory can also become acquired through Eucharistics, or the kosherization of foods. All foods sold contain added human DNA, usually in the form of human semen or blood, and that causes knowledge from the donors of that DNA to be present in the brains of your grandchildren (but not you, nor your children) at birth. The process is complex, but that is why young women (and men!) go backstage at concerts to swallow the semen of band members. It is also why university professors get to donate genetic material to the food supply. Instead of just "genes" influencing human evolution, there are also "memes", which are Eucharistically-induced talents. All mammals engage in "Spirituality" (the eating of same-species DNA) in processes such as mating and love, resulting in memes. It is unfortunate, but a pedophilic

priest will pass on tendencies towards pedophilia by his DNA presence in the Eucharist (his dried semen on the crackers of Holy Communion).

One type of Genetic Memory, **Survival Memory**, is used in survival, and contains memories of things done by ancestors to survive, such as fighting and harming others. It connects into a "fight or flight" decision system, and can instantly enable a human to do extremely vile and truly awful behavior. This memory bank is where killing, beatings, torture, rape, and other violent behaviors come from. It is normally hidden from regular memory, but comes out when needed. It is caused by ancestors actually needing to do these things, when it became necessary to do so. Nearly every human being has some memories from an ancestor who was raped, and also memories from another ancestor who was a perpetrator. Some of your ancestors were upright nice people, and some were scoundrels. Sexual Assault is about the assertion of power and control over others, not sex per se, and is a product of the violent side of the mind.

#### **MOOD:**

Survival Memory initiating unacceptable behavior is controlled by Mood. Mood is a balance of 3 brain chemicals, called Norepinephrine, Serotonin, and Dopamine. The presence of high levels of both Dopamine and Serotonin, simultaneously, in an absence of Norepinephrine, can produce anger, aggression, libido (sex drive), and hunger, all at the same time. This does not cause Sexual Assault, but it makes same possible instead of impossible. Violent behaviors all contain disturbances of Mood, the most dangerous disturbances of which become Bipolar Disease (Manic-Depression). Often Mood and Genetic Memory interact, each causing the other to become a bigger problem, in a big circular loop. Very frequently Mood disturbances that can cause Sexual Assault are the result of the use of alcohol or narcotics.

#### **SURGERY:**

Another factor which makes rape possible but does not cause it is circumcision. Many Native American tribes circumcised female babies by cutting out their clitoris. Many males in societies, starting with Judaism, had their foreskins cut out. All of this thinking dealt with encouraging hard work instead of sexual pleasure, but added to sexual frustration, one key element in Assault. **Sexual Frustration is a key contributor to ANY assault, sexual or otherwise.** In addition, it is unlikely that many men could engage in either coital or sodomy assault without being circumcised, because it would be likely too painful.

### THE MIND:

A complete understanding of Sexual Assault requires looking into the human mind. Males have throughout history had reproductive strategies of having many partners, while women want stability to help raise and care for children. Nowadays, some of this is still true, due to the Genetic Memories of the past. Sexual frustration is different in a male versus a female, and sex fantasies (which fit in as far as Genetic Memory and Survival Memory) are different in males and females, too. Like a peacock, or a frog, humans do have mating rituals. A common Western Civilization fantasy-related action is for a woman to look a man directly in the eye, while at the same time showing him her stimulated (engorged, enlarged) breasts or areolae. She is signalling her desire for sex. That won't usually produce assault, just producing love, desire, and lust. This probably works for women desiring other women in a lesbian relationship, because our Genetic Memories don't come in male and female. Our ancestors have all been through this. Sex fantasies are sort of a "bucket list", and none of them are as much fun in reality as when we imagined them. Both men and women have these dreams. Normal sex fantasies include things like wanting to relax nude with your lover in a hot tub, or even making love in the snow. None of these should be painful or harmful. Abnormal sex fantasies, like the desire to cause pain, harm someone, or dominate someone as your sex slave, can lead to things like Sexual Assault. Sadism and Masochism are both considered abnormal, but if they

involve only playtime and pretend, not actual pain or distress, even S&M can be a shade of normal.

Sexual fantasies, desires, sex drive, flirting (a form of sex fantasy), and even S&M, do not add up to a cause of Sexual Assault, but they may contribute to sexual frustration, and that may contribute to **any assault**. Frustration begets anger, mood imbalance, and irritability. Masturbation may not be the long-term answer, either, because it does not produce the pheromones (odorless odors) to produce sexual satisfaction, nor does it input love. Sexual frustration in a male may produce pain when semen accumulates, much like a breastfeeding mother who is over-full. Orgasm without love and pheromones does not provide an answer.

### CAUSATION OF SEXUAL ASSAULT:

When we combine the "instincts" (memories) of past sexual satisfaction (from Genetic Memory), plus the fantasies (possibly abnormal ones), frustrations (sexual and otherwise), high libido, aggression from instability of mood, and anger from Survival Memory, and long periods of no current sexual satisfaction from Pheromones and love, and mix that with a defensive person fighting, that can trip the "fight or flight" mechanism in Survival Memory to trigger Sexual Assault. The perpetrator is incorrectly thinking, "You cause this sexual frustration, by withholding sex and love." He (they are usually male, but not always) may even delude himself into thinking that women (and men) dress provocatively in order to increase sexual frustration. (They don't. People dress however makes them feel good, plus some of them dress sexually in order to receive love and esteem. Our Fashion Industry is based upon this.) Fighting back justifies in the perpetrator's mind the introduction of violence ("They're hurting me") and from there it may be up to weapons, courts, police, jails, Restraining Orders, who knows? Likely, the perpetrator's Genetic Memory contains memories of sexual assaults from generations past. **Child abuse is of the same cloth, where people who do that are usually generations down from those**

**who abused children and liked it.** Ah, but it goes both ways:

## **PREVENTION OF SEXUAL ASSAULT:**

Not only does the Genetic Memory of a perpetrator contain past memories of an ancestor committing Sexual Assault and liking it, but it also contains memories of having been assaulted. Bringing out this sort of memory can shut down that entire process.

Society should also make sex easier to get, allow most reasonable sex-fantasies to be doable, severely punish sex offenders, encourage women and men to use force and weapons when necessary, promote understanding of how all this works, lead sexually-frustrated people down paths which promote their well-being, and everyone should be able to get some love and some sex.

Prostitution is not a real solution, because the pheromones may be there, but not love. Think love as opposed to orgasm. If able to take a male or female minister, holy man or woman, erotic dancer (of either sex), nude model, or similar to bed, then this works. Dancers absorb a huge amount of human love, as do ministers, and need to let all of that love go. Otherwise, they get extremely "horny" and sexually frustrated themselves.

Psychiatry may be able to prevent Sexual Assault, but it is expensive to do that, plus requires the permission of the person being treated. Drugs to boost Norepinephrine in the brain should work, but things like Atomoxetine cost \$9 per pill, for example. Eating well and often will reduce the mood that can cause Sexual Assault, too.

Sex with friends is probably the best answer, and being humans we all do that, married folks included. Society is currently framed to be this way, and that goes for both hetero and homo people. Good way to prevent sexual frustration, and both the love and pheromones are there. **Theoretically, there can be no Sexual Assault without sexual frustration, so this eliminates one of the necessary elements.**

Causation of Sexual Assault requires these 4 things: (1) Misunderstanding of the processes involved. (2) Mood disturbance or imbalance, which is required for ANY assault, sexual or otherwise; (3) Frustration, usually sexual, as it applies to love and pheromones as opposed to orgasm; (4) Genetic Memory, which may contain elements of "past lives" Sexual Assault, as well as Fantasy and Survival Memory, including the connection of the "Fight or Flight" mechanism, which brings in Thanatos, the dark side or "Death Wish" part of human behavior.

This can all be pulled apart, blocking one or more elements, and that would likely shut down Sexual Assault: (1) Understand the processes involved, and bring out the Genetic Memory in the perpetrator of a time when they were a victim. (2) Fail to allow any Mood disturbance or imbalance. Eating lunch or dinner with a potential lover, before sex, is a custom which is largely designed to do this. (3) Eliminate frustration, and particularly sexual frustration, and most assaults of all sorts disappear entirely. Try to choose who you are around, and share love with friends. Identify frustrated people and be cautious. (4) Genetic Memory cannot be changed rapidly, only over generations, but you can reinforce good thoughts over bad or harmful ones. Discuss your sex fantasies with your lover, as they, after all, are the person who can do that. As for friends, discuss your sex fantasies there, too, because we all take our friends to bed, we just don't all admit it.

From here, I cover therapies, treatments, love-hate, and blame. None of those are what this is all about, but that material was written.

Further input is appreciated. Dr. John Kitchin