

Good Start for Women + Children

Program description:

The Jacobs & Cushman San Diego Food Bank is operating three distribution points for the Good Start for Women + Children program that is funded by First 5 San Diego. Eligible recipients can receive a food package containing 5-7 nonperishable USDA commodity items, 1 pound bag of rice, 1 pound bag of pinto beans, 1 pound bag of oatmeal, and 5 pounds of produce at one of three county-wide sites.

Program eligibility:

- Household must have at least one pregnant woman or child between 0-5 years old and
- Meet income guidelines

Household of 1 person = monthly income less than \$1,458.75
Household of 2 people = monthly income less than \$1,966.25
Household of 3 people = monthly income less than \$2,473.75
Household of 4 people = monthly income less than \$2,981.25
Household of 5 people = monthly income less than \$3,488.75
Household of 6 people = monthly income less than \$3,996.25
Household of 7 people = monthly income less than \$4,503.75
Household of 8 people = monthly income less than \$5,011.25
Household of 9 people = monthly income less than \$5,518.75
Household of 10 people = monthly income less than \$6,026.25
Household over 10 = add \$507.50 each

Distribution sites:

MAAC Project – Chula Vista
4th Friday of the month from 9am-12pm & 1pm-3pm
(Nov. & Dec. the date will be the 2nd Friday due to holidays)
1355 Third Avenue
Chula Vista, CA 91910

San Diego Food Bank – Miramar area
4th Wednesday of the month from 9am-11am
9850 Distribution Avenue
San Diego, CA 92121

Carlsbad Head Start and Community Center – Carlsbad
2nd Monday of the month from 1pm-2pm
3368 Eureka Street
Carlsbad, CA 92008

For questions or more information about the Good Start for Women + Children, please contact Shelly Hahne at shahne@sandiegofoodbank.org or (858) 863-5132.

