

# San Diego Homeless News

January 8, 2016 • San Diego's Underground Newspaper • Our Seventh Year



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## Censorship of Mental Health Abuses

In a political move, several MAPSS (Metropolitan Association of Providers of Social Services) representatives of the religion-affiliated nonprofits, including Father Joe's, Rachel's House, Community Christian Service Center, and Amikas, have blocked my speaking Jan. 20 on Mental Health for the MAPSS training meeting called StreetLinks. It's a big insult, because I have a doctorate in Psychology, and also function as the Secretary of that group. I do, however, insist upon telling the truth, as opposed to merely parroting the "Official Propaganda". There are also those in this group of nonprofits and other service providers who are opposed to my being censored. I could write what I have to say, and either enclose that in this newspaper and/or e-mail the MAPSS roster, but that is **not my target group that needs to hear some of these things**. It is true that I have been critical of nonprofits in the past, and also critical of the mental health abuses that I have seen, particularly from the religious nonprofits. **Censorship raises an entirely different issue, however**. The biggest problem in all this is that it may mean that reporting on MAPSS, and trying to maintain a wide view, may all have been a waste of my time the past 5 years. And, of course, censoring the publisher of a newspaper may have other newspapers questioning these issues. (See my Editorial on **Mental Health Abuses**, next article.)

## Mental Health Abuses

**NOTE: One entire issue was devoted to Mental Health Abuses. See June 10, 2014:**

[http://nz9f.com/yahoo\\_site\\_admin/assets/docs/SDHNregJune10.160142018.pdf](http://nz9f.com/yahoo_site_admin/assets/docs/SDHNregJune10.160142018.pdf)

**Introduction:** Homeless get continuously insulted, demeaned, harassed, gawked at as the human-zoo sidewalk exhibit, despised, and the victim of hate-crimes, and are even denied housing for having been homeless in the past. Unfortunately, instead of help with these psychological issues, they get religious abuse, mental health abuse, propaganda of all types in the news media and even at the universities, lots of denial by society, and, ultimately, usually substance abuse, mental illness, and often suicide, which is where homelessness ends. The root cause of homelessness is technology eliminating more jobs than it creates. From there, governments are failing to address (or even admit) the issue. It is the governments and politics that I blame, not technology. **You have a right to work hard at a job that pays enough to buy food and pay rent.**

**What is mental illness?** Any behavior that is unacceptable to one's self, or to society, can be called mental illness. We all have at least some of that, but do not refer to it as mental illness unless it causes a problem. Alcoholism? Drug abuse? These are symptoms of some underlying mental problem, but they are

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only symptoms, not the disease itself. Any behavior in history that has caused problems for the Ruling Class has been called a mental illness. I remember when being gay or lesbian was considered being "mentally ill", for example. At another time, any knowledge of the other inhabited planets was considered a mental illness, too.

**What are the problems with mental illness Diagnosis?** Take a patient to 8 different psychiatrists, and you may get 8 different Diagnoses, because patients behave differently every day, and each mental illness category has a huge amount of leeway. The doctors are making observations. Unfortunately, if a person hears about their Diagnosis, they usually, often hypnotically, begin to behave that way, however they are supposed to be. That is why it is good practice to tell folks that there is nothing really wrong with them, in hopes of that becoming reality. Diagnosis also biases the therapist, to look for only certain things and use only certain therapies. It tells us nothing dependable about the specific person. A Diagnosis is a stereotype of how a particular illness will look if it is classic. It is an identification tool, not a therapeutic one.

**What are the Categories of Abuses of Mental Health?** Mental health abuses are the biggest problem faced by the homeless, and an even bigger problem than finding housing. I usually cover the Politics, Economics, Corruption, and Propaganda angles, and there are mental health abuses in each of these categories. We are all a product of our experiences in life, so what you have seen and experienced is not the same as what I have. I never knew anything at all about any abuses or corruption until touched by same, personally. Now I aim to teach you something that you never learned, because of your experiences in life.

## Propaganda and the Nonprofits:

My first experience with propaganda-related corruption was seeing people and groups "buy" university studies in order to "prove" things they wanted to. I had no idea that the news media were in on the fix. Years later, I saw a television news article about my business that was entirely false, and that caused me to know something that I didn't want to. And, when I tell what happened, it is easier for people to dismiss me as mentally unstable, than to believe that society is totally corrupt, as that would go against everything they were taught. There was even an effort to prove to me that I am not seeing reality correctly. Without my education in psychology, I might have fallen for that.

Propaganda is believed because it is what people want to believe is true. Unfortunately, our entire society is based upon some fundamental lies, and just knowing that for certain can get your mental health questioned. Part of the propaganda abuses are things like my being censored, rather than being allowed to speak on these abuses, too. We do not allow the victims of corruption in society to speak out, unless also attempting to discredit them. The Soviet Union was master of this, even darting and drugging folks speaking in the public square. Censorship does not usually work very well, though, especially when the truth is being suppressed. MAPSS, San Diego's Metropolitan Association of Providers of Social Services not

letting me (Ph.D. in psychology) speak on mental health, is a fine example of this sort of censorship.

“God is that force within us that seeks truth. Opinions of dissent are how truths are measured, those dissenting paving the way to positive change.” (John Kitchin, NZ9F.) I have to follow what is right, and it looks like they will be teaching bullshit to folks who get tiny salaries and lots of Spirituality privileges in the Cabals. It all helps to perpetuate our failed system of dealing with poverty, by using only those views and techniques (especially “truths”) spoken by the super-rich. I am insulted, but being homeless I get insulted a hundred times a day. I am not angry, just disappointed, as I thought MAPSS to stand for much more, maybe even some solutions.

Besides propaganda being purported to be truth in the media, schools, and nonprofits, there are also mental health abuses in the categories of Politics, Economics, and even the corruption of the Bar (Mafia). Often these abuses overlap categories, too. Is religion, for example, Political, Economic, Corruption-related, or Propaganda-related? All of the above, of course. If we view religion as a mental illness encouraged by the wealthy, it suddenly all makes sense.

## The Nonprofit Organizations:

Some abuses in society are conducted by governments, using secret internal organizations, but most use the network of nonprofit organizations to carry out these abuses. This falsely draws a connection to “nice guys” instead of “government”. These “nice guys” are funded and controlled by the government and its wealthy political-money providers. **Nonprofits are a tax-dodge for wealthy folks, that is all, and may also accomplish some objective, but not necessarily.** Even so, if a “help” objective does get accomplished, it will be required to be done in a way that the wealthy donors and governments approve of. This facilitates easier control of everyone, going along long-accepted lines. Never mind the past failures going back over 80 years since the last Great Depression.

## Political Mental Health Abuses:

**Political Abuses** of the homeless include the fake PTC (Point-In-Time Count), and, of course, no good definition of “homeless”, nor valid classifications into degrees of how homeless. We use things like “substance abuser” or “mentally ill” instead of “unhoused well-hidden” or “couch surfer”.

**Political Mental Health Abuses** include trying to deal with homelessness as a mental health issue, or a substance abuse issue. Governments are not concerned with how quickly being homeless causes mental illness and/or substance abuse, and I see no valid resources so far to deal with same. Instead, they let it become a large enough problem for the person as to justify extreme intervention, emergency psychiatric work, and control dope. Then, you have a wandering vegetable. Not acceptable. Intervention needs to occur before the continuous insults, demeaning behaviors, hate-crimes, Spirituality abuses, cold-wet weather, hunger, and disease have taken their toll. Political abuses also include insufficient funding, gentrification which tears down their homes, attempts to force the homeless into different neighborhoods, the causation of very few toilets and showers, and a general desire to avoid the homeless problem by ignoring it as much as possible. Governments prefer propaganda, and for any nonprofit to dare speak the truth, that could lose it its funding. So, liars wanted.

Sometimes, to fill a vacant bed, mental health providers tell somebody that they are very ill, and most folks then become that way. We lack State oversight on this. Other abuses include California’s “5150” Law (Dangerous to Self or Others) being used to harass tenants who are late with rent, or to suppress (repress) political statements. **Of the many people that I have seen held on a 5150, not one was actually dangerous.** California needs to send in investigators pretending to be patients.

## Economic Mental Health Abuses:

These include an unfairly-low Minimum Wage (for San Diego prices), lack of jobs that pay enough money to pay rent, blaming the homeless themselves for being homeless, and even making money on the entire process: Higher real estate prices, higher rents, gentrification, and even the nonprofits like Father Joe’s get a share of the cash-action. Those nonprofits dealing with mental health have a vested interest, whether through greed or incompetence, to provide more services and involve more persons than necessary. This provides plenty of income for their

management, both present and future. Many homeless have been asked to lie and say they have a mental problem, in return for the help of a nonprofit, and many mental health providers seeking to fill a vacant bed have misdiagnosed people or even caused them to become mentally ill, just for the money! This is easy to do, using their “official expert” position.

## Corruption-Related (Bar-Mafia) Mental Health Abuses:

These include coordination of all the other abuses, previously mentioned, especially university and news media propaganda, but also corruption in the courts, corruption of the political process, and the use of the secret societies to both control and silence everyone, as needed. Abusive psychiatry is often used, for example, not to help, but only to control or shut people up.

All of these abuses involve Eucharistics (halal, kosher, gnosis, tantra, etc.), so it’s a wonder there are any sane homeless at all, after eating the free food provided by the churches and other nonprofits. In this way, the abuse of Human Spirituality (human DNA, usually blood or semen, added to food or drink to control people) is the main, and most pervasive issue in causing the poor and homeless to lose their mental health. Then, whatever they say can be easily dismissed, no matter how valid it is. The secret societies which administer all of this, through the churches and the nonprofits, are administered by the Bar (Mafia).

## Conclusions:

Most mental illness in the poor and homeless is due to the widespread abuse of Human Spirituality (biological medical term), which is supposed to help control them, while also providing love for the caregivers. Thus, the churches and nonprofits are causing mental illness, and this is especially true of the very poor, who may of necessity have to eat “holy” food provided for them at every meal. This sort of Eucharistic abuse causes Bipolar Disease and can lead to Schizophrenia. **Homelessness itself damages people mentally**, via the continuous insults, hate-crimes, lack of security, sleep deprivation, problems getting food-water-toilets-showers, wet-cold weather, being gawked at as the human-zoo sidewalk exhibit “Homo sapiens”, and the longer-lasting problems of getting onto the DNE (Do Not Employ) and DNH (Do Not House) lists of the Bar-Mafia.

And, as if this were not enough, almost all “help” is abusive Eucharistically, causing additional mental damage. At what cost to society? Lives lost, time, money, pain and suffering, lost potential benefit. People are being helped? By the same Bar-Mafia that made them poor to begin with? By the same religious liars who tried to turn them into slaves and robots their whole lives? It is time to eliminate all mental health abuses of the poor. We are neither Nazi Germany nor the Soviet Union. Fortunately, neither of those two countries still exists.

## Energy Savings, or just something that looks that way and isn't?

The SDG&E 125-watt equivalent fluorescent lightbulbs, which only consume 32 watts each, are marvelous, but I was only able to find one or two in the United States, priced at 3 for a dollar. In Tijuana, however, there are tens of thousands of the bulbs, each one marked "Unlawful for sale or use outside of the State of California". They are priced at over \$3 each and some as high as \$10. Visit any hardware store in Tijuana. **Don't you love FAKE energy savings programs?** Wait until all your solar cells die in just 6 years, and the solar company who installed them is out of business. They went bankrupt after making \$80 million and paying that to the owners in salaries. Enron is the expert on fake energy companies and corporate book-cooking, but **nowadays everybody cooks books, especially banks and real estate companies, right?** Sorry, but Welcome to Reality!

## Concentration Camps: Federal Internment Camps

[nstarzone.com/CAMPS.html](http://nstarzone.com/CAMPS.html) • [freedomfiles.org/war/fema.htm](http://freedomfiles.org/war/fema.htm)

**Note:** The links above give the names and locations of the camps. The US Government has been busy constructing a large number of what can only be considered as Internment

Camps or Prison Camps. Are these for the Moslems? The Homeless and Poor? Another page out of the book of Hitler? Will the Prison Overcrowding releases be sent there? In the 1930's, the First Great Depression involved WPA and CCC, which established two things the nation did not have enough of: Jobs and housing, the "housing" being tents in rural areas. Since that time, the Soviet Union had its Gulags, and Nazi Germany its Stalags; even the US had its camps for Japanese. I think we need to get out of the business of attacks against ourselves, just to "prove" that we need fewer freedoms and more intervention.

## Towards Things That Work:

The things that need to be addressed by a Think Tank Group are **Morale** (to avoid loss of the Will-To-Live) and **Unique Solutions** to the problems of Poverty and Homelessness. I have a few ideas, one of which is **House-Sitters**, to protect valuable vacant real estate, and another is **On-The-Job Training** for poor and/or homeless folks. Important to avoid any "teaching" or "instruction" or any of that other stuff that does not work, however.

The first idea I call **H.O.U.S.E., for Home Occupancy Unpaid Services Enterprise**, which would place homeless people with important skills into vacant housing. This person or persons will water the plants, cut the grass, pick up the mail, keep everything pretty, and let in real estate agents or even potential customers looking to buy the property. Using a cell phone, to call in any problems, they are your security. No one else is permitted in the home, except Contractors by permission of the Owner. The Tenants pay utilities, or do other things, such as painting, glazing, concrete maintenance, whatever, in return for utility payments by the Owner. **No money changes hands!** An insurance policy protects the Owner.

Regarding OJT, On-The-Job Training, Employers are sought who are willing to pay Minimum Wage (\$10 an hour in San Diego) while also providing basic training to individuals. It is a basic internship, to become whatever, a painter? No classroom instruction is to be provided, as that has been abusive. See "Ideas", below.

## Think-Tank Meetings:

**The Coalition For Basic Dignity, San Diego (CBDSD) met Thursday, Dec. 3, as guests of the Girls Think Tank (GTT), with 15 present**, which included 2 Criminal Defense attorneys, 4 homeless, and 2 persons in the news media. The Coalition for Basic Dignity is an umbrella group which has in the past 6 years advocated for the poor and/or homeless, on such issues as toilets availability, drinking water, transportation, storage of possessions, housing, and needed items such as backpacks and flashlights. • Heather Pollock, former GTT Manager, moved to work in Colorado. She is an attorney specializing in Immigration. • Distribution of backpack commodities was done on Thanksgiving Weekend, per usual. • **There will be NO meeting in January due to the New Year's Holiday.** • Next meeting Feb. 4, 6 PM, 330 A St., Downtown San Diego. Open to the Public, free pizza. • GTT is working on a proposal for MTS which asks that poor folks be given bus and trolley access at reduced fares. • The portable truck showers should be ready by January. This same group plans to do hair cutting and styling. • The two winter shelters are gone this year, which may be a violation of a Federal Court Order. The City is instead spending the money on a new Homeless Administration Center just east of the 12th and Imperial trolley area, plus Father Joe's (St. Vincent's) will offer more beds for shelter use. Last year twice as many un-housed homeless died than the year before, a new record in San Diego. Homelessness violates your Will-To-Live, and you just don't care anymore. I've been having that problem myself the past 4 or 5 months. ♦♦♦♦♦

**MAPSS, the Metropolitan Association of Providers of Social Services met Wed., Dec. 16, 2015, with 16 present.** Beginning in January it will be possible to apply for General Relief (Welfare) in Escondido, so nonprofits needing free volunteers are sought. • Some shelters are open in North County, including Interfaith Community Services, Operation Hope, Bread of Life, and La Posada. Phone 211 for info. • There has been NO information on inclement weather shelters this year, plus Father Joe's is operating Neil Good Center again, after having been fired once before. Our 600 total emergency shelter beds are now only 350.

The last several issues of San Diego CityBeat have featured commentary on some of the homeless issues. • GR, General Relief, Welfare, has a time limit unless the person is certified by a doctor as "unemployable". • YWCA Passages has no wait at this time for homeless women without children, and their maximum stay is one year. Must be employable, and not currently in Transitional Housing. May be in an Emergency Shelter, and may be Transgender identifying as a female. Undocumented okay. • A special StreetLinks in-service training course will be had Jan. 20, on Mental Health, but there is no regular meeting this month, January. The next regular meeting of MAPSS will be Feb. 24. • I will not be permitted to speak on Mental Health Abuses on Jan. 20 (see editorial on Censorship, page one of this edition). ♦♦♦♦♦

## Hints and Kinks: Library Access:

**Sundays** it can be difficult to find a library computer, but they are available at Downtown Central, Mission Valley Fenton, with Trolley access, and San Diego County has a library at La Mesa Blvd. trolley stop, too. County libraries have **problems with cut-copy-paste** across media (Facebook, various types of e-mail, word, etc.) plus there are viruses, and no Free Avanti software to eliminate them. I try not to use County libraries because it takes too long in Mexico to delete viruses. Viruses cannot entirely be deleted at any of the library computers because they do not allow "View hidden files", which is where the viruses hide. They also do not allow "View Temporary files", which is what viruses are. You should always view the hidden files on your thumb drive. **See also "Ideas", next paragraph.**

## Ideas:

The **Libraries in San Diego** should have some early morning hours, certain days, with early (7 AM?) libraries in San Ysidro, Normal Heights, and Mission Valley, as well as Downtown, and should keep their wi-fi turned on 24/7. If certain folks are problems for the neighbors of the library, they can be identified, because they had to use their Library Card identification to log on. For these people, wi-fi access would be not permitted. The primary objective of this is to provide computer access before work each day.

**MTS has clocks** in the signs at trolley stops. Often, those clocks are wrong, but they have the ability to tick off the seconds, and when they do that, it becomes easy to see if the clock is stuck or operating.

**Homeless House-Sitters.** Some vacant real estate gets broken into and vandalized, so why not have the homeless protect it by temporarily living there?

**Self-Employment Solutions.** An agency that helps the poor and homeless to give themselves a job.

**OJT, On-the-Job Training** for the poor and homeless, which does NOT involve classroom instruction, just going to work and being trained (and PAID) by an Employer. Too much schooling out there that leads nowhere.

**Snide Comments:** Are you addicted to God, Religion, Bible, and Beliefs? You can get help, but only if you want to be free from a lifetime of brainwashing leading to your present superstitions. • Newspaper headline: "FBI Probes Terror Links". I thought Terror Links was a golf course in Baghdad (or maybe Detroit). • What if the Mother Ship met up with a Father Ship and they had little Baby Ships? Hey, they eat humans on some planets! • I tell the joke that my Ph.D. is in Carpet Cleaning, and they taught me how to sit, roll over, play dead, fetch, and shake. Actually, being from an Alternative University, it almost might as well have been. I did learn valuable knowledge, though. • The reason I never got kicked out of the CBDSD (Coalition for Basic Dignity, San Diego) meetings of the Girls Think Tank is that I am the only one of the Founders who still attends the meetings. • You know you are dealing with a Jewish group when it places the meat and cheese items at the food pantry in separate bags. • Life is a curse, not a Precious Blessing, so it becomes your job to make life as much of a blessing as you can. Drugs? Causes more problems that it helps. Sex? If you are really careful not to cause children, as they complicate your life a lot. Also, many folks are very squeamish about sex. Fun? Definitely. Without fun there is no

purpose to life. Work? Yes, but not Slavery, and make sure it is something YOU wanted to do. • **With our present technology, there is no reason for anyone to work more than a few hours a week.** • When Colonel Sanders runs out of chickens, will KFC stand for Kentucky Fried Chihuahua? • Slogan for Father Joe's Villages: "Perpetuating poverty and homelessness through a variety of revolving-door processes which lead mostly to more suffering and hardship, then finally to mental illness, substance abuse, loss of the Will-To-Live, and death, often by suicide. Father Joe's: Where poor people go to die, slowly and painfully." • Poverty is a disease, and you get it from your governments failing to adequately tax the super-wealthy and their corporations. •



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Library of Congress Catalog Number - URL:

[www.nz9f.com/sdhnarchives2016/Jan8](http://www.nz9f.com/sdhnarchives2016/Jan8)

We represent the world's fastest-growing ethnic group, the homeless, the only group that gets NO protection from discrimination in employment, housing, education, or hate-crimes. We are those who suffer because the wealthy own everything. No one WANTS to be homeless nor CHOOSES to be homeless. It happens when everything you do to prevent it fails to work. Making anything illegal that cannot be prevented makes no sense. Instead, make it illegal for circumstances to force people to become homeless against their will. Once homeless, people will need to use booze or dope, just to stay sane, and many lose that fight, too, becoming mentally ill and often killing themselves. This ends the problems that society forced upon them. Self-Servatives (Con-Servatives, Con Artists that Serve themselves) cause funerals, but they don't mind, because they don't believe in God.

**Being homeless on the sidewalk is a lot like being at the zoo, except you're the exhibit.**

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