

## Page 303:

Prerequisites: College Junior or Senior level  
(completion of Associate Deg.)

Dr. John Kitchin

### **Part One: Causes of Homelessness, Contributing Factors, and Effects Upon the Individual and Society**

Homelessness is caused by housing costing more than people can afford to pay. Recession, economic Depression, unemployment, lack of jobs, and other economic troubles exacerbate this. So does gentrification, redevelopment, neighborhood improvement, and real estate price-fixing. Once a person cannot afford to pay for their present housing, or it gets upgraded out of their economic reach, they become homeless. Their possessions become lost or stolen, or placed into storage, and their living condition may become worse than a refugee camp, and their situation hopeless. Once homeless, many commit suicide, while others eventually become alcoholics, drug addicts, mentally ill, religious sheep, and/or criminals. Making all matters worse are the nonprofit organizations, which preach false hope, media feel-good propaganda, and making people feel good about donating time or money that ends up doing no good, except to generate publicity for the nonprofit, so that they can get more grants and donations. Nonprofits make money on the situation getting worse. And, let us not forget about Cookies. **Cookies:**

**"Once there was a man who had cancer. His HMO refused to treat it, because that would be too expensive. So, he asked the government for help, and they gave him a bandage to put over it, so no one would notice. He then asked the nonprofits for help, and they gave him a cookie to make him feel better. This is how society treats its problem of homelessness."** Nonprofits give out lots of cookies, in one way or another, and none of those cookies really benefit anyone except the nonprofit, and its directors,

who may get additional trips to fun resorts and junkets to Las Vegas.

A myriad of programs, none of which prevent homelessness nor treat the problems it causes until they have done their damage, exist. **Once mentally ill or a substance abuser, GAME OVER.** Then society must start providing food, housing, medical and other care for life, with no attempt to have the person hold a job. Exceptions? I am certain there are 5 persons who have successfully been rehabilitated, and I am also certain that you will insist about broadcasting their fake success stories to everyone on the whole planet, at full volume. You are not willing to tell the whole story, though, that these were special deals for special people, related to those famous or politically powerful.

The so-called "Affordable" Housing helps for those with jobs under the \$32 an hour that the United States Dept. of Housing and Urban Development (HUD) says that you need to earn to live in San Diego. It does not help, however, the disabled, other handicapped, nor the military veterans who are scarred from their military service. It also does not help the unemployed nor under-employed. They chug booze, eat "holy" hypnotic drugged foods at every meal, piss and shit on your sidewalk, get harassed just for existing to the point of eventually hating everyone, and suffer a huge amount of trauma every day from continual insults, demeaning behavior towards them, religious propaganda and lies, contaminated foods, a lack of toilets, lack of storage space, difficulties obtaining showers and washing clothes, long waits in many lines, lawyers and tickets, harassment by police and security guards, and a Downtown San Diego Lifestyle that United Nations Inspectors have condemned as worse than almost any of the refugee camps on the entire planet. **These are refugees made homeless by our Real Estate system!**

FEMA, the Federal Emergency Management Agency, recognizes that homeless caused by an earthquake are just as homeless as those caused by unfair housing prices, so they help out with this "Economic Disaster". This

disaster was not caused by nature, however. Storms, flooding, and earthquakes did not make these folks homeless. Real estate and banking, along with local government zoning and Eminent Domain use did. If someone caused a terrible disaster, making a lot of people homeless, using a weather machine that caused a tornado, would they be prosecuted? And, would FEMA help clean up the mess? Of course it would. What if instead of a weather machine, they used a group of banks, real estate appraisers, and real estate sales agents? It is time we seek out and prosecute the perpetrators of this Economic Disaster that is costing so much money! Iceland is sending its Prime Minister, most of its bankers, and most of its real estate agents to prison.

So much for the cause of homelessness, and now on to Part Two, its immediate needs, and then on to some solutions.

## Part Two: Problems For the Individual, and Corresponding Problems for Society.

So, **inability to afford whatever housing is available** causes homelessness. This problem is purely economic and has the elements of income and housing prices, plus a whole lot of politics that goes into both. The problems that homelessness creates are two types, **Problems For the Individual**, and also **Problems For Society**.

**STORAGE:** Individuals have the problem of not being able to store what they own, not even legal papers, the burial urns of their parents, birth certificates, manuscripts, spare underwear and other clothing, blankets, tools, and more. And, alternatively, how do they transport this stuff to store it, or how do they carry it around with them? **Society inherits the problem** of mountains of belongings, important only to one or a few people, accumulating on streets, sidewalks, and in alleys and parks. And, society also has the problem of large amounts of belongings being carted all over on the bus and trolley system,

as well as in shopping carts and via other means.

**TRANSPORTATION:** Homeless have no means of getting to job interviews, getting to and from whatever storage places may exist, getting to meals and/or other food sources, getting to medical appointments, getting to courts and attorneys offices, getting to help meetings, or even getting to a park or beach to rest or recreate. **Society's corresponding problem** is that money for the bus or trolley must be panhandled, plus homeless tend to accumulate in areas where all needed services are within walking distance, plus they may end up in front of your home or business instead of being at a park, recreation area, playground, or beach. This is a problem of transportation, plus the lack of suitable other places to be nearby. Society also has the problem of homeless not showing up for a doctor appointment, and thus taxpayers end up paying for more expensive medical procedures, as well as not showing up for a court date, so taxpayers have additional legal, court, police, and jail expenses. Not being able to get to a job or a job interview costs society whatever work could have been done by the homeless person, plus whatever tax money would have been collected from that work, and society must pay money to maintain that homeless person in their non-working state with things like food, clothing, and government taxpayer money used by nonprofit organizations. Lack of homeless transportation is extremely expensive for society. Having people sleep on your street overnight is a transportation problem, because they would much rather be out in a forest or in the mountains somewhere, but how?

**Having your stuff in a shopping cart: Storage Problem.**

**Having to be in front of a bank, instead of in a park or the mountains of East County: Transportation Problem.**

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## Part Three: The Problem of Spirituality and Tainted Food

Eating human DNA (usually blood or semen secretly added to food by nonprofit organizations and/or churches) results in mental illness, reduced sex drive, difficulty focusing and concentrating, sexual difficulties and dysfunction, lower self-esteem, memory problems, attention span problems, difficulties with interpersonal relationships, laziness, trouble sleeping, increased discomfort from smaller pains and/or itches, fewer dreams and of lesser quality, motivational difficulties, emotional distress, increased gullibility, unfounded trust, difficulties telling lies from truth, addiction to religion or the bible, and often causes other problems such as drug abuse, alcoholism, criminal behavior, or suicide. It also makes people easy to control, hypnotize, socialize, and brainwash. That is why the Nonprofit Organizations all use it, without exception, in the free food given to the poor and homeless (based upon current research). Unfortunately, it causes those problems listed. All food you buy contains DNA (human blood and/or semen) added to it already, but it is a very small amount. Some of the local organizations add way too much, causing way many problems as a result. **How do we expect people to "get better" and "get a life" when we are sabotaging their lives thru their food?**

### Lesson 4, MENTAL HEALTH

Just why anybody would want to associate Mental Illness with Homelessness is beyond me, but President Reagan, circa 1980, closed the mental hospitals, tossing the worst mentally ill onto the streets, and then spread the propaganda that homeless are all mentally ill. About 25% of homeless are mentally ill, about the same percentage as the rest of society. However, those mental illnesses present in the homeless, the specific types, tend to be the worst varieties, such as Schizophrenia, the more-obvious forms of mental illness. I have a very good course in what Mental Health is and is not, and it

completely contradicts the bull taught in most universities. It is the truth. See [www.NZ9F.com/MH](http://www.NZ9F.com/MH). I refer to this as Mental Health Page. Dr. John Kitchin, Psychologist.

**My other popular course, in the Mafia and how they control everything, is at [www.NZ9F.com/Gnosis](http://www.NZ9F.com/Gnosis), with a new chapter on their MOB affiliates, the American Bar Association, at [www.NZ9F.com/ABA](http://www.NZ9F.com/ABA). Priceless!**

## Part 5, Suicide

Far from being cowardly, Suicide is a very courageous act, and most lack the courage to do it. Society helps people wimp out, too. It is selfish, because it hurts your friends and family, but they are equally selfish in not letting you go. You may be suffering from poverty, and every day is hell, but hell here on Earth can be escaped. And, if you believe there is a heaven, hell, God, gods, Satan, and all that crap, you are a hypnotized human-chimp nutcase. Humans were assembled by inserting 18% species Gd DNA (an Intelligent Life Form) into the DNA of chimpanzees. Since chimps and Gd have 15% overlap in their DNA, we only got 3% different. Get used to it. We are curious, just like apes. We have "beliefs" which we WISH were true, we have "dreams", and we are very curious. Who made me? Where did all this stuff come from? Well, Gd (pronounced God), an alien species DID create us, but all the rest of that God stuff is bull to make you obey. Chimpanzee curiosity is not "God".

Three-quarters of all military deaths are suicide, the other one-quarter caused by The Enemy or an accident. Many military commit suicide when they find out they were lied to and used, and that the US is just as "evil" as our enemies, and probably more so. If you are really pissed-off, you might make a bigger statement killing your Commanding Officer rather than yourself. **In any case, before you do anything like that, you should read how Suicide REALLY works at [www.NZ9F.com/Suicide](http://www.NZ9F.com/Suicide).** As usual, I cover all the bases. Is Suicide really for you? Are you

bright enough to whack yourself without ending up in pain and still alive for another 20 years? There are things to consider, and, of course, if the Mafia learns you want out, they will prevent it, even if they have to turn you into a vegetable. As a minister (ALL ministers work for The Mafia), my take on it is that if your life is a gift, enjoy it. If not, change it. If you need help changing your life (never mention ending it), ask. In the end, if life is hell, and a curse instead of a blessing, opt out. Tell God to go fuck himself. Suicide is the ultimate escape, and also the ultimate act of defiance, short of starting a nuclear war. **You might also consider staying alive and making life miserable for the assholes who made you suffer.**

## **Lesson 6 Toilets, Part 1: proposed solutions**

Toilets are a transportation problem, the same as having a homeless person in front of your bank or business instead of out in the park somewhere. I suggested in the recent Girls Think Tank meeting (see details below, "Meetings") that the homeless would rather be in a park rather than in front of your downtown bank or business, but giving us bus passes would be too expensive. We should be permitted on just one or two current bus routes, free with homeless picture identification card, to get out of downtown and into parks or recreation areas for the day. Alternatively, the Balboa Park Tram Shuttle should have its route modified to pick up homeless downtown and take them to Balboa Park. **Curiously enough, this ALSO solves the toilet problem, because all parks have toilets, so if you need to use the restroom downtown, hop on the free homeless bus, and get off at the restrooms. This avoids the need of having toilets all over downtown.**

## **Lesson 7: Employment and Jobs**

**We will get back to Toilets Part Two  
in the April 10 Edition**

Note that there is a **Job Faire** at the Balboa Park Club, near the International Cottages of Balboa Park, on **Wed. April 16, from 10-2**. Hundreds of employers will be there. As for the right and wrong ways to look for work in San Diego, some of this information comes from Employment Page, [www.NZ9F.com/E](http://www.NZ9F.com/E). The main things to remember, which form the difference between getting hired versus not, are these: There is a **right way and a wrong way** to look for jobs in San Diego. Most who do not find one are doing what they learned, not what works. **The WRONG way to find a job is:** 1.) Go Online. 2.) Read the want ads in the newspapers. 3.) Visit possible employers. 4.) Fill out job applications. 5.) Go to job interviews. 6.) Move to Tijuana so you can afford to pay rent on your tiny salary expected. 7.) Cry. 8.) Become homeless. 9.) Commit suicide.

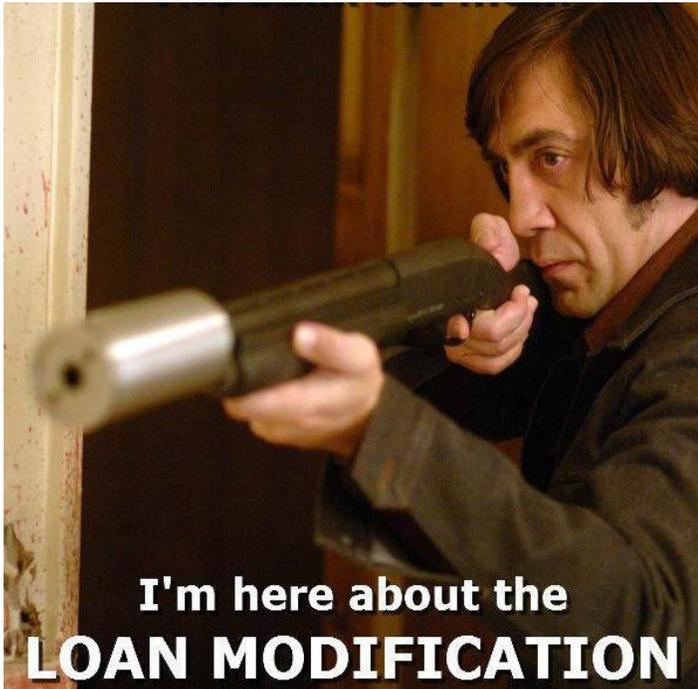
**The RIGHT way to find a job in San Diego is:** 1.) Have a relative hire you. 2.) Have a friend hire you. 3.) Make a new friend and have them hire you. 4.) Know somebody, and have them hire you. 5.) Start your own business, if necessary borrowing cash from Mobsters who own banks. 6.) Talk to the Godfather.

To send a message to him, speak with anyone who is A.) In the profession you want to join; **and** B.) At the location you want to be at when you operate in that profession or job. (Must be both.) That is because there are Godfathers by location and job. And, of course, **if you did not know it works that way, well, I bet you don't have a job, or not a very good one. ALL jobs in San Diego are controlled by the gangsters who run this town.**

The average American makes \$50 an hour, \$100,000 a year, \$8,333 per month, \$2,000 a week. We know this because the average American pays IRS Income Taxes on that amount. Half make more, and half make

less. We try to keep people stupid, using the News Media, to conceal this. Most people are too stupid to believe the truth, anyway. Are you too stupid to know that all this is VERY, VERY, TRUE?

Some jobs in Banking and Real Estate pay extremely well, so consider them



Many good jobs are listed at [www.NZ9F.com/E](http://www.NZ9F.com/E).



## Lesson 8 Toilets, Part Two

We first wrote about the problem of downtown San Diego toilets in 2010, years ago. Since then, there have been many efforts to address the problem, but instead of getting better, things are far worse. We went from 12 toilets 5 years ago to 6 now, and according information

supplied by the **Girls Think Tank**, our negotiations team, the **Downtown Partnership (Clean and Safe)** seems to have (my opinion) opposed all past, present, and future toilets downtown, in favor of moving them all to the same spot, (Father Joe's) or outside of Downtown, such as Barrio Logan. In addition, **homeless are being harassed for using the toilets we have.** We have gotten lots of promises the past 5 years, too, but no real action. Even the toilets promised are not enough to replace the ones we have lost in that time, much less make an advancement on the problem. The new toilets are a 1% solution to the problem, at best. (Note that at the MAPSS meeting [Meetings article, below] the Representative of Clean and Safe denied their opposition.)

Girls Think Tank, [www.GirlsThinkTank.Org](http://www.GirlsThinkTank.Org), a group of lawyers, judges, business leaders, concerned citizens, and a handful of very intelligent homeless like myself, has organized pickets, written letters, conducted fund-raisers, held public and private meetings, brainstormed for ideas, and more. Their effectiveness in dealing with the City has become somewhat compromised, however, as they are now receiving City funding to operate the Homeless Storage Program, also important to meeting our needs. My tack is that the tourists are complaining about the lack of toilets even more than we homeless are, and more toilets are needed for the businesspeople, investors, and our ever-expanding elderly population, who need toilets more frequently. A lot of them are here to spend money. I'd rather see Clean and Safe clean poopy toilets than poopy sidewalks anyway.

As often stated, toilets are a transportation problem, because there are many toilets out there, but are they where you are when you need them? My suggestion is a toilet bus that can take people to Balboa Park where there are many toilets, plus many spaces to relax on the grass, sleep, throw a softball, or whatever. Buses should also take people back downtown, as we all have our own neighborhoods that we call "Home", whether or not we actually have a home or apartment

there. Be thankful your life is less complicated than ours.

America's Finest City of Sidewalk Shit. And, the City wants to ticket and punish the homeless for this problem that the City created. I call for a Restraining Order which would prohibit San Diego from punishing anyone for the excretion of wastes "as necessary". City's fault.

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## Lesson 9: Local Politics in San Diego

### Elections: Who Cares?

**Fighting years to get Mayor Filner elected, and having the Mafia remove him, proved to us that elections do nothing**

The United States is based upon a corrupt One-Party System, with the myth that there are actually two competing Political Parties, the Republicans and the Democrats. Rubbish. Both parties share adjoining offices in the Watergate Building of Washington, DC. We support any local candidate who has NEVER been a member of either of these Mafia gangster groups. Our political system is why this nation is so corrupt and so morally bankrupt, and why our jails and prisons are crammed with so many innocent scapegoats. When a judge's son commits a serious crime, somebody else goes to prison for it. Of the Mob, By the Mob, For the Mob. The American Way. Only Ancient Rome was more corrupt, and the homeless there, the Christians, burned it, twice. The Fascist States of America. Hitler would be proud.

**Rigged Local Elections: Ray Lutz on Facebook, regarding the establishment of a Citizen Group to deal with fraud in the San Diego Elections:** COPS has performed extensive reviews and analysis of the local procedures at our friendly Registrar of Voters. Just let me say I have almost no confidence that they are not cheating. **(current Registrar, Michael Vu, was involved in absentee voter fraud in Cuyahoga county, OH, as two of**

**his subordinates were convicted.) [Note: Convictions for Felony Electoral Fraud, multiple counts, is apparently exactly what we look for in San Diego for those who will run our Electoral Process. Welcome to the Club. Persons with experience in Absentee Ballot Fraud preferred.]** As a result of this inquiry, a method to provide essential additional election oversight has been devised, "Election Snapshot Review," and I have sent the first letter to the ROV requesting their assistance in this process. In the past, they have been cooperative. The process is explained on the link below, if you are interested in learning more prior to the training.

It is my goal to assemble a team of volunteers to be trained to implement the process, and hopefully, continue to apply it at future elections. I applied the oversight for the Filner election (he won) but was not able to do it for the Faulkner/Alvarez election. Guess what, Faulkner won by about 5% spread, and that is suspicious to me. If you are interested in becoming a team member for this project, please contact me by email (**raylutz@citizenoversight.org**). P.S. Total time needed for the procedure is about four hours, not including training.

<http://www.copswiki.org/Common/ElectionSnapshotReview>

I was originally to discuss **Mental Health Abuses**, but will put that off since it is extremely ghastly, plus this subject is timely, given what is currently going on. Dr. John Kitchin, Milwaukee Free University

## Redevelopment, Toilets, Cabals, and Homeless Storage

### Introduction and Requested Retraction:

A treatise on toilets, redevelopment, and local politics requires that you know about some of the inner workings of the San Diego Good Olde Boys who run our corrupt political machine. Otherwise, all you end up knowing is what you heard on TV or read in the local newspapers from the very people who want to confuse you and make sure you know nothing, the Good

Olde Boys' Mafia News Media. They spend billions of dollars making sure that nobody knows anything. **In Mexico, the Mafia sells dope, but in San Diego, it sells Real Estate.**

Last issue of this newspaper I provided articles on toilets and how all toilet-related issues have gotten progressively worse the past 5 years. What happened to the America Plaza toilets? And, not just the flush ones, which used to be open 16 hours a day and are now only open 9-5 weekdays, but what about the 2 porta-potties? What happened to the toilets in Little Italy, plus the flush toilets which were promised to replace them? Where are the toilets on 8<sup>th</sup> and C, 11<sup>th</sup> and C, and the toilets on 17<sup>th</sup> and Island, plus the flush toilets promised to replace them? Why are the 12<sup>th</sup> and Imperial toilets now fenced off, and no longer accessible from the A-Mart convenience store?

I wrote about the Girls Think Tank and how at the last 2 meetings it appeared that the news they provided on the toilets issue had the Downtown Partnership (Clean and Safe) continuing, in my opinion, to oppose, marginalize, eliminate, restrict, and otherwise interfere with all toilets downtown. Downtown Partnership denies this, Girls Think Tank denies talking about this, and everyone I talked with who knows considers my opinion correct.

**I do apologize for careless use of the English language, in that my original way of stating this could have been misconstrued as being some sort of an official position of GTT**, and they got an advanced copy of the edition, before it was published, objecting to my statement and demanding a retraction. Same got corrected before the news got mailed out. It does not look like GTT is happy with the correction, either, so there is clearly a communications problem here. I have the difficulty of having NBS, "No Bullshit Syndrome", in that I get upset when professionals repeatedly lie to me, hoping that if enough people lie, that will get to be believed as "The Truth". I will begin with a brief history of Redevelopment and Downtown San Diego toilets:

## **Redevelopment:**

My first article on Redevelopment came out as a result of a San Diego Union-Tribune article that called Redevelopment San Diego's "Economic Engine". My article was a rebuttal, called **"San Diego's Corruption Engine Stalls"**. A paid article for **Yahoo! News**, I get royalties on it to this day, at <http://voices.yahoo.com/san-diegos-corruption-engine-7730584.html>

The Downtown San Diego Partnership, which provides such ill-conceived notions as "Clean and Safe", is promoting itself in the Union-Tribune as an engine of economics, growth, and vitality. It was supposed to be, of course, and the "blighted" areas redeveloped were supposed to make their homeless people magically go away, bringing in billionaires to buy fairy housing in Oz. Sound like a game for avatars? Twenty years in now, hundreds of downtown hotels razed making more people homeless, thousands of apartments and condos still empty, and when and where do the voodoo economics stop?

This continued, and now these articles are also part of the Homeless history at <http://nz9f.com/sdnhistoryof>. Toni Atkins, who is now the Speaker of the California Assembly, and a "Homeless Advocate" was one of the architects of the redevelopment system that made so many people homeless to begin with, along with her wife at Lesar Development Corp. This leads to the saying that the only group that has been a bigger problem for the homeless than the Republicans has been the Democrats.

**Toilets:** After 50 years of "Redevelopment" money being used to make poor people homeless while enriching the wallets of the wealthiest billionaires, the City knew that that time had come to an end. The State of California was going to end Redevelopment, "Welfare For Billionaires". The City quickly moved to do Public Service projects with the money it knew it would not be getting, so that it

could blame the State when that money stalled or eliminated those people-projects, such as toilets. From there, a previous reincarnation of Clean and Safe was assigned to get the toilets installed. That was about 5 years ago, and now Clean and Safe is finally officially refusing to install them. They were one of the forces behind the TEP, Toilet Elimination Program, a secret project of their Cabal. Since poor people are never told what a Cabal is, I need to cover this so that they can understand:

**The Cabals: Politics in San Diego is primarily committed by the Cabals. These are secret conspiracy groups that run everything:**

Banks, Universities, Corporations, Schools, Governments, Nonprofits, Churches, Hospitals, Courts, Police, and even more. The primary conspiracy that Cabals engage in is to add their blood and semen to the food that is eaten by everyone, in order to control them. They run the News Media, too, which is another method of control that is used. It has been this way for thousands of years, so this is nothing new, and poor people know nothing about it. The collection of Cabals, loyal to the Bar Association and its Nazi Knights Templar of the Freemasons (the Pharistocracy) is sometimes referred to as the Mafia, or the MOB. There are divisions of this same group that fix elections, rig juries, sell dope, kill by contract, price-fix real estate, and run TV stations. Welcome to reality. Street gangs addict members to heroin, to make sure that they obey. The Cabals addict members to "love" or "Spirituality". Is that any better? Dope probably beats "Jesus" (your blood and semen in the foods of others) for dealing with poverty, but nations that legalize opium instead of adding blood to foods (such as China and Holland) have some problems with that, too.

The word Cabal, also spelled Kabal or Kabbal, comes from the Kabbalah, the Jewish Book of Religious Secrets. This is the book that tells how much blood and semen is supposed to go into foods to make them kosher, the real meaning of that word. In practicality, most Christian churches call their Cabal for collecting the blood and semen to make Holy

Communion by names like the Liturgy Committee or the Communion Committee.

Cabals are of interest here, because all of the parties involved in downtown toilets have interfered with me using "Spirituality" (Gnosis, Kabbalism, Tantra) at their meetings. Spirituality is a medical term, not a religious one, and refers to control or hypnosis via secretly feeding your blood or semen to someone. It can be used to break the thought train of a person, make it impossible for them to concentrate, even make them look mentally ill or judgementally compromised. It is often used in courtrooms to interfere with a Defendant getting a fair trial, or to make a witness who is telling the truth appear to be a liar.

It looks to me like the Downtown Partnership, the City Elected Officials, and the Girls Think Tank are all in the same Cabal, which is why they cannot speak truthfully about any of this. I no longer eat the free pizza at Girls Think Tank meetings. As I always advise, if you do not understand how all this "blood and semen in food" works, a really great essay is at [www.NZ9F.com/Gnosis](http://www.NZ9F.com/Gnosis), and if you want to add to that the **relationship of the government and lawyers to the Mafia**, the whole story is in Package A, at [http://nz9f.com/yahoo\\_site\\_admin/assets/docs/Package\\_A.115130053.pdf](http://nz9f.com/yahoo_site_admin/assets/docs/Package_A.115130053.pdf). This includes the essays on Gnosis, ABA (American Bar Association) and Organize (How the government manipulates everyone). I once said jokingly that the Bar Association was a league of tavern owners that gives lawyers early-morning drink specials before they go to the courthouse.

So, not only did the City of San Diego approve toilets with money it knew would never be available, it also assigned the construction of those toilets to the very agency responsible for preventing toilets downtown. And, our negotiations team, in on the fix, helped break the bad news to us, making each failure seem like a victory. I still support GTT and recently cut them a video for use in raising funds. Most other homeless intellectuals departed from

them long ago, and there were expletives spoken about them at our last meeting.

So, has GTT negotiated in good faith? Obviously not. At one meeting, when I complained that moving toilets from 17<sup>th</sup> and Island to a different location, Father Joe's, where we already have toilets, was unacceptable, they came up with excuses. They basically tell us how lucky we are to be homeless. We recently learned from moles that they were in on ousting Mayor Filner, for example. It would appear, as I have stated previously, that the City, Downtown Partnership, and Girls Think Tank are all in the same Cabal, the one which wants to eliminate or marginalize all the downtown toilets. Fine. "Let us tell you what to believe. Have another slice of pizza." **Never touch any food prepared by a church or a nonprofit organization.**

GTT has attempted to control us, using its Cabal, and I write a complete evaluation of their fine organization (seriously, not facetious) at [NZ9F.com/GTT](http://NZ9F.com/GTT). It is an extensive look inside a nonprofit, by committee members. I've not asked to be on their Board because what I write and say could then be misconstrued as coming from them. I would like to see their Annual Picnic For the Homeless discontinued as a huge waste of time with no real benefit.

I was in a Cabal in Milwaukee called the **Milwaukee County Courthouse Group**. It collected semen by giving its men Full Tantric Sex and collecting it in a condom, for use in the prison, courthouse, and jail foods. Been there and did that. My being allowed to be a member was in return for this group having victimized me, using me as a scapegoat, sending me to prison unjustly to cover up some of what the group was doing that was illegal. I did not feel that what was given me was even 0.1% of what was fair. The full story is at [www.NZ9F.com/Me](http://www.NZ9F.com/Me), or it is also a part of Package B, [http://nz9f.com/yahoo\\_site\\_admin/assets/docs/Package B.115130325.pdf](http://nz9f.com/yahoo_site_admin/assets/docs/Package_B.115130325.pdf)

Getting back to the Cabals of the Nonprofits, the problem with the nonprofits accepting tax

money to do what units of government need done is that they become servants of whoever supplies their funding. We must treat GTT as a City Organization, representing the interests of the City over those of the poor and homeless, at least indirectly. They will try to get us to think that the City's perspective has merit, even when it does not. It then becomes GTT's job to explain to us why toilets will be fewer, money will be less, meals will be fewer, etc., and say that the City's reasoning is sound and valid, making it sound like a reasonable conclusion. Spin doctoring. My Ph.D. is in Applied Psychology, which is a "doctor of spin", and that is why I am un-spinning and un-doctoring all this for you. The Cabals hate that, and would rather have you hypnotized, barefoot, and pregnant. Television contains a very useful hypnotic wave pattern that is intentionally used to mesmerize. This took RCA ten years to perfect. Time for me to proscribe a new direction for the City.

## Findings:

Neither the Girls Think Tank nor the Downtown Partnership should have anything whatsoever to do with the downtown toilets. We homeless are demanding 8 two-rundle flush toilet units in the downtown Trolley Loop, and 3 more north of that loop. A toilet unit within 3 city blocks of another unit does not count. City General Fund, installed by a plumbing contractor or by city plumbers. Any of these may be temporarily served by outhouses, until the project is complete. In the meantime, we get full rights to shit or piss on the sidewalk, right in front of tourists, with impunity. Welcome to Shit City. We are already touting San Diego as having triple the homeless percentage of anywhere else in the world. Actually we have closer to five times the homeless. Triple is based upon San Diego County, not City.

I call for a Class Action Suit suing the City for the toilets mentioned, and I would be happy to meet with a City Committee on all this, before ultimately turning it over to Attorney Robert Scott Dreher for our representation. I am not interested at all in what GTT, DTP, or even the

San Diego Police have to say on the matter, however.

## **Temporary Solutions:**

How about making it FREE for a person who holds a homeless picture ID to use the Route 3 and Route 7 buses, from Market St. to Upas St. only, to access toilets, places to take a nap, and recreational areas in Balboa Park? Route 3 comes across Market St., going north on 5<sup>th</sup> Ave. and south on 4<sup>th</sup> Ave., giving access to the west side of Balboa Park. The east end would be served by Route 7, which uses Broadway (weekdays only) and Park Ave. (12 Ave. in some places). The solution is cheap, and even has the advantage of temporarily removing homeless from in front of your downtown business.

You say that the homeless need to come in contact with the tourists, to beg for money, now that the downtown recycling area is closed? Yes, and this is unfortunate, but you need to complain to whoever closed it. When tourists hear that we have more than 3 times the percentage homeless of anywhere else in the world, including Africa and Palestine, they tend to be generous.

John Kitchin, for the San Diego Homeless Board. Opinions expressed are unanimous.

## **Homeless Storage:**

Our two biggest problems as homeless are storage and transportation. How do you walk around with everything you own? Where do you put it? How do you get to the doctor, or a job interview? Transportation and toilets both require cash money. Subway will let you use the toilet if you make a purchase, for example. The bus will get you to your doctor or job interview, if you pay the bus fare, but they will not let you take your shopping cart full of stuff with you. Cash has to be had via recycling, washing car windows and cars, or begging. Some earn cash by performing street theatre in Balboa Park, too.

The storage problem is more critical than transportation, because without storage you cannot use the bus, or even the library. San Diego Police have a long history of taking a person (but not their possessions) to jail, and then whatever that person had gets stolen or is later thrown out as trash by the City. People lose their grandparents' burial urns, their passports, their work and educational certifications such as degrees and diplomas, their medicines, their diaries, their family photographs and albums, their poetry, songs, screenplays, and more. Imagine losing everything that is in your house. Now imagine owning only 5% of what you own, and losing that. Devastating. The stinking filthy bastards who have run San Diego the past 50 years did this to people. Until one day, they went too far.

San Diego Clean and Safe mobilized a huge task force to "clean up" the East Village. A huge number of homeless were assembled at a church called God's Extended Hands (we call it God's Extended Finger) for lunch. The church was instructed to keep the homeless busy and occupied. During lunch, the doors were closed, and Clean and Safe outside trashed, compressed, and hauled away by garbage truck all of their belongings, affecting about 200 people. A lawsuit resulted.

Out of this lawsuit, City agreed to fund a Homeless Storage Program, settling out of court for 5% of what it could have had to pay in damages. The possessions of a homeless person have been ruled by the Federal Courts to be worth a minimum of \$15 thousand per person, so stealing same could subject the City to Felony Grand Theft criminal charges. Some lawsuits have been settled for over a million dollars per person, plus \$15,000 in Criminal Restitution.

The specific storage program that Mayor Sanders and Police Chief Lansdowne selected was one used unsuccessfully at Los Angeles Skid Row, and tried elsewhere, failing miserably everywhere. The objective was to establish that Homeless Storage just does not work, and then remind everyone in the future of that major failure. Successful programs in Miami, Chicago, Philadelphia, Seattle,

Portland, and even Hong Kong were intentionally never considered.

Our homeless storage program was to be operated by the Isaiah Project, a service of Water Man David Ross and his husband Gerry Limpic. They used personal service, not computers, knew everyone by name, no account numbers, real old-time stuff. The City had problems dealing with them, because they were "not corporate enough". They did not use an abusive and propagandistic Cabal. Girls Think Tank took over. GTT had problems with all of the real estate companies refusing to rent to them, and that was exacerbated by some of their leaders eventually admitting that they really hate the homeless and poor, but theirs was the only job they could find. Girls Think Tank, City Housing, and a collection of churches cooperated on the present storage project on K St. San Diego now stands as the only place that this particular storage program has ever succeeded, although the original Los Angeles Skid Row program is now doing alright, thanks to implementing some of San Diego's ideas and processes.

Storage needs to be open at 6 AM and at 9 PM, seven days a week, to allow the homeless to store and remove bedding. I propose a schedule of 6-9 AM and 6-9 PM, every day, which covers those critical two times, the beginning and end of the overnight period, 9 PM to 6 AM, when it is **illegal and a crime for City or the Police to disturb, molest, or interfere with the homeless, per Court Order**. If a cutback in hours is needed, then 6-8 AM and 7-9 PM works, as the two critical time periods, 6 AM and 9 PM are still covered.

Storage needs for doctor appointments, job interviews, and library use, by those who do not yet have a storage bin also needs to be addressed. As our homeless numbers continue to triple and quadruple, in the future, no amount of storage bins will ever be enough. TACO, the Third Avenue Charitable Organization at the First Lutheran Church on 3rd and Ash in downtown San Diego does a little bit of temporary storage now, but there is more demand than supply of same. Ideally, GTT should do this at their location, too. I do

not have all the answers, but I do have a few of them, and seem to be the only one that is asking the right questions. Sorry, but that is not my fault.

So, is GTT negotiating in our best interests regarding Homeless Storage, or is it their job to do "massive amounts of hard work" and eventually present to us the excuse that it cannot continue? I do not know, but finding out that they helped the Mafia oust Mayor Filner makes the second scenario more probable. The Isaiah Project was better, but GTT has been adequate.

## Conclusions:

San Diego Real Estate Mafia Gangsters, the ones who run the television stations, used taxpayer money without their own money being invested, to "redevelop" downtown, knocking down the homes and businesses of competitors, decimating and eliminating small businesses, and making the poor homeless. This more than doubled the value of their real estate downtown, eventually. Corrupt construction contractors, labor unions, security firms, real estate agents, and even materials suppliers were used, provided they were part of the **"Good Olde Boys" network of Mafia corruption**. (Reminds me of paving the streets in Ecuador: You do not need to bid, all you need is to be the Mayor's brother.)

Redevelopment money does have the string attached to it that 10% of each building constructed must be for the working-class "workers". The idea of Redevelopment was and is to provide cheap housing for taxi drivers, shoe shiners, newspaper delivery boys, and waitresses. San Diego corrupted this process, instead requiring that developers pay into a "Fund" to create "Affordable Housing", a mile or two away from these buildings for the "poverty cases" to live in. Father Joe's helped comply with this scheme, receiving "Fund" money to create new low-income housing. (One of the problems created is that nobody can afford "Affordable Housing".) **None of these processes is permitted under the Redevelopment laws. The City and its co-**

**conspirators in Real Estate need to RETURN** these billions of dollars in redevelopment money, or **COMPLY** with the rules by **dedicating 10% of the space in all of those buildings to permanent housing for the poor.** All of these things are why San Diego has 3 to 5 times the percentage homeless of anywhere else in the world. People move here for the great weather and sunshine? **80% of our homeless are from San Diego.** Very few were born here, but rather moved here with their parents while a child. Others moved here many years ago (not homeless) as adults, but by now 20 years have passed, so they are San Diegans, and can answer questions only San Diegans can answer.

**"Real Estate Gangsters in the Mafia" is the reason for having at least 3 times per capita the homeless of anyplace else.** America's Homeless City, Home of **America's Finest City** Slums. John Kitchin, Publisher, San Diego Homeless News, and Homeless City News.

PS: Should we move a million homeless here and elect our own Mayor and City Council? If we did, what would we demand?

1. A \$17 an hour Minimum Wage, the International Standard.
2. Rent Control.
3. A 10% additional tax on all shopping mall purchases.
4. A tax on parking that makes all MTS public transit free for users.
5. A Homeless Administration Center, with services 24 hours.
6. Some libraries open 24 hours

The cost? Better quality-of-life, fewer people on the streets, slightly more fairness, more money in the hands of more people. This allows them to buy a car from you, go to your beauty salon, dine in your restaurant, or ride in your taxi. Economics works by having money in the hands of many people, not by having all of the money of everyone go for super-high rent prices and utilities. The latter scenario kills off small business. John Kitchin

## Real Estate: A Ponzi Scheme

If you want the Rich Guy's Version, read the UT

Eight years into the nation's Second Great Depression, **The George W. Bush Great Depression of 2006**, we still have people waiting for the promised land of great economics, higher real estate prices, better stock prices and dividends, and a lot of other cow-pie in the sky. A few months back, a visitor to the San Diego City Council meeting suggested that instead of the City selling off all its real estate, which it has been doing furiously the past several years, it ought to instead hang onto it, until the value of same goes up. Nobody had the guts to tell this person that a price increase can never happen. It goes against all theories and practice of Economics. Real estate will decline to less than half of its present value, which will make many banks fail, and may produce a billion percent inflation.

## Class Action Suit:

1. The right to excrete human bodily wastes without duress, harassment, intimidation, unavailability of suitable numbers of toilets, undue wait times, nor costs that cannot be afforded. Right to Life issue.
2. The right to exist without fear of intimidation and/or harassment from the City, its Downtown Partnership (Clean and Safe), Redevelopment Agencies, and similar, including Ministers and the General Public. Family Law Restraining Order?
3. The right to be free from continual insults and intimidation by everyone.
4. The right to use the Public Library, regardless of the amount of baggage one must carry for lack of a storage place.
5. The right to be free from the excessive use of human DNA (blood and semen) and other drugs secretly added to food

I think the Downtown Partnership may be the leading cause of suicides in San Diego County, other than those suicides caused by the Religious Ministries.

## Lesson Ten: Mental Health Abuses of the Homeless

**A Public Safety Town-hall Meeting in Linda Vista was held May 27, featuring new Police Chief Shelley Zimmerman and City Council Member Scott Kersey.** 5 Police Captains were also present. My reason for attending is that at the Ocean Beach meeting, there were many homeless issues complained about, and no one from the homeless attending to answer questions. (We need a third rubber tent, in Ocean Beach, of course, but you already know that.)

Chief Zimmerman and Councilman Kersey are sharp, well-educated, good public speakers, and great at Public Relations, but I give them an "F" at understanding and dealing with homelessness. Kersey did say that our present system is nothing but a revolving door of temporary housing versus being back on the streets, so he does understand somewhat. The Border, Navy, and Cabal (Mafia) control of the News Media make San Diego a very unique place.

Both Kersey and Zimmerman seem to ignore the fact that those on the sidewalk are only a tiny fraction of the homeless, who could not find anything better at that one specific instant. It changes every minute, with an entirely different group 2 hours later. The "Sidewalk Rotation" of San Diego's 310,000 homeless needs to be addressed, or we are only looking at a single frame of a movie, not the whole picture, much like San Diego County's "Point-In-Time" count, which is entirely useless at determining the actual number of homeless.

Kersey said that something like 70% of the homeless have drug, alcohol, or mental illness problems, which sounds a lot like San Diego County propaganda, and is nowhere near true. They have **housing** problems, which expand into **storage** and **transportation** problems. All

of these lead directly to Mental Health problems, which can be delayed or abated some by the use of drugs or alcohol to cope with them. These "escapes" will eventually fail, resulting in mental illness, followed by suicide. Once mentally ill, the problem is terminal, as there is absolutely no treatment nor cure for mental illness caused by being homeless. None. Yes, there are fake and rigged studies trying to prove otherwise. Just buy 30 more rubber tents.

Escape substitutes may be used in place of drugs or alcohol to slow down the onset of mental illness, such as television, movies, sports, video games, or even hard work. Even then, these escapes will eventually fail and permanent mental illness will result. Hard work is probably the best escape, because it teaches values that society honors.

Chief Zimmerman spoke of her great faith in **HOT** (Homeless Outreach Team) and **SIP** (Serial Inebriate Program), which proves that she is entirely out-of-touch with reality on the homeless issue. **(See how these programs abuse the homeless regarding Mental Health, elsewhere in this issue.)** We are not having an input on these programs, nor have we been successful at educating those who deal with the homeless, unfortunately. The Real Estate Media purport lies that are accepted as truth, and believed by our hypnotized sheep population in San Diego, but that is no reason to have those professionals dealing with the homeless become sheep, too.

The Chief dodged a question on the difference between Homelessness and Vagrancy, which is unlawful homelessness, because there is no such thing as Vagrancy in a city that has become a giant homeless camp, like San Diego, with our 200,000 homeless of 1.3 million residents. 1 in 7 is homeless, about 15%, five times higher than anywhere else in the world per capita. Compare this to New York City or Los Angeles with 2.5% homeless. Weather can account for 60% more homeless, but not 500%, and besides, Los Angeles has the same weather. **To oppose the anti-homeless Cabals will require Cabals of our**

**own.** On the positive side, we need not explain to a Jewish police chief the importance of Cabals, nor do we need to make a huge case of why the San Diego Police Department needs to eliminate some of the Nazi rhetoric and direct quotes from Adolph Hitler on their police website. We tried unsuccessfully to get the Nazi Hitler quotes eliminated by Chief Lansdowne, but now we are asking this of a Jewish police chief, and Jews are traditionally not big fans of quoting Hitler. See [www.NZ9F.com/Police](http://www.NZ9F.com/Police).

## Letters From Readers:

Hi John, Thanks for sending your News Letter. Mayor Filner contacted Alpha Project (the concentration Camp) shelter for me because Alpha Project stated I was NOT ALLOWED to bring my licensed SERVICE DOG to the homeless shelter. Mayor Filner also set me up with VA Mission Valley Regional for me to TRY to get the benefits which I am entitled to. Mayor Filner was walking down the Street during his House arrest period. I thanked him for trying to help us "little Guys".

The billions of dollars allocated to help veterans, seniors, fire victims, DV (Domestic Violence) victims, injured workers, disabled veterans, etc., are lining the bank accounts of these self serving non-profits - like PATH, Civic San Diego, Downtown Partners, Family Justice Centers, etc., etc. Once they get funding, they hire minimum wage employees to pass the buck to other self serving Non-Profits. **If you push them for any benefit, they get VERY ANGRY and say you are crazy.**

Channel 10 News did MY STORY (1999) about working on the Parsky Ranch (in 1997) and being **fired for reporting my work injury**. I had a voice activated tape recorder in my pocket, so everything was memorialized on the audio. Little did I know how far the Parsky's would go to destroy me for telling the TRUTH and catching them in a Provable lie. I am pretty sure you have an idea who Gerald Parsky is because you e-mailed me a while

back that this is done to hundreds of thousands of people.

NO ONE CARES

### Reply:

I will not identify you, so that I can comment on your case. As a **Female Veteran**, you are entitled to benefits even if DOD has lost your files, which is very common. CIA has duplicate copies. Your physical handicaps have not deterred you, as I have seen you in the meetings, wheelchair and all. You have even greater transportation problems than most homeless. Your legal case for damages against a Knight (Godfather Parsky) is probably impossible because our legal system is too corrupt to be able to present a case against the Bar (Mafia). Many of us have the same problem. I question why you would work for him, because if he cheats you or you are injured, that is just too bad. Maybe you did not know. It is Society in general, and not Parsky specifically, that my "hundreds of thousands of victims" refers to, by the way.

Your biggest problem is your Bipolar Disease, but everyone has at least some of that. In your case, it makes you impossible to communicate with, because you write and talk non-stop, going way out into completely unrelated topics. No one can stand to listen to you nor read what you write. Not your fault, caused by all of the victimization that society forced upon you. It can be treated and cured.

In addition, you are a victim of psychiatric abuse, which is what happens when a victim of society finds out that they are one. Society tries to say that they are mentally incompetent, rather than being a victim, and feeds them drugs to control them. Some of the control drugs are in the food fed to poor people, and others are administered by quack psychiatrists. It supposedly helps you by making you too spaced-out and incoherent to be a problem for anyone, and this supposedly hides your victimization from you, too. In any case, all of this makes it really tough to get any justice. Almost every homeless has a similar

story to tell about how they got that way. Mine is at Package B, [http://nz9f.com/yahoo\\_site\\_admin/assets/docs/Package\\_B.115130325.pdf](http://nz9f.com/yahoo_site_admin/assets/docs/Package_B.115130325.pdf). We are all victims.

Since you have chosen to fight as opposed to becoming a vegetable and opting out of reality, you will need to do a few things to recover. First, the ONLY psychiatric medicines appropriate are Strattera and/or Prozac. Everything else interferes with reality. Second, you need to stop eating the free food, and cook your own meals, or acquire Spirituality privileges, preferably both. You understand the process, but those who do not must learn at [www.NZ9F.com/Gnosis](http://www.NZ9F.com/Gnosis), which is also in Package A at [http://nz9f.com/yahoo\\_site\\_admin/assets/docs/Package\\_A.115130053.pdf](http://nz9f.com/yahoo_site_admin/assets/docs/Package_A.115130053.pdf). The chances are that the "Mormon Prison For The Poor" where you live will permit none of those. Tijuana? Your physical handicaps prevent this, or make it very difficult.

In writing, use Word and count the number of actual words that you use. A word counter is in the lower left of the screen. Limit yourself to 350 words in a letter to a government or nonprofit, 200 to the media, and 150 to a friend. Another thing that helps is to learn to Tweet on Twitter, which limits your length. The reason that you talk and write constantly is for love or attention (same thing) as a result of how "Spiritual" the "prison" food is that you eat. I have said that I would rather kill myself than live in an institution, and that is why.

Above all that, continue to fight, continue to attend meetings **representing disabled female homeless veterans**, and continue to know and represent the truth. Avoid the escapes of alcohol, dope, video games, movies and television, the internet news, and similar. That helps keep you sane.

### **Result:**

She is in denial about her diagnosis, and sends me a 16,000 word diatribe. So, she is beyond help. I had to block her from further

communications, but there may be hope (read on). Step One is to identify whether or not the person can be helped at all, and then by you (?) or a referral? **If the person refuses help, game over.** If no one in the world can help (such as in such a refusal), then all help becomes a waste of time, plus very frustrating. If she has passed the point where Bipolar Disease becomes Schizophrenia, then there is no return, treatment, therapy, correction, drug, nor help. She will then continue to be a huge pain-in-the-ass, and proud of it. Many quacks say that there is treatment for Schizophrenia, but that is ridiculous, and designed to make money for snake-oil salesmen. All of these "cures" follow the same pattern: Take people who are NOT Schizophrenic, diagnose them as Schizophrenic, and then "cure" them using your "wonder" procedure or drug. Seen it daily for years.

She claims she has PTSD, but that only lasts 3 years, not since 1997. She also claims brain damage, but can coherently write a letter if her BPD (Bipolar Disease) doesn't get in the way and make it a new 30,000 page encyclopedia. The meeting with Police Chief Zimmerman, in the Meetings section of this issue, featured a low-tech tool for dealing with BPD. Everybody got a 4 x 6 index card to ask their question. One man asked for 6. No dice. If she can accept her correct diagnosis, there may be hope. Not my department. And, I get no money for this stuff, although Yahoo! once paid me for on-line psychology.

### **OTHER PEOPLE: GEORGE**

Extremely involved for life with promoting Jesus and religion, he ultimately found ministers having sex with children, blowing huge wads of donated money on whorehouses and casinos, using a lot of dope, and laughing about all the bible-believing "suckers". He eventually became Gnostic (which means he learned about all the blood and semen that religious people add to food to control them) but was still seeing demons, hearing voices from God, and many more delusions. Schizophrenic due to Religious Abuse. No treatment nor cure, but 20 years of anti-

religious therapy (including having his blood and semen in the food of others) and drugs like Prozac and Strattera, may regain him 40% of his mental faculties, enough to be employable. He will then begin life at Age 50, 60% diminished mentally. Extremely common case. I see him all the time, looking for help.

## HILDA

Hilda became a friend of mine, a cute 20-year-old unlawful immigrant from Ecuador. She was originally trafficked into Tijuana by a White Slavery Cartel, but escaped. She became addicted to crack cocaine in the process, but eventually was "rescued" by Jehovah's Witnesses, who invited her to live with them and heal. They controlled her every thought, and shamed her continuously, feeding her so much control-dope in her food that she committed suicide about 30 days after joining the group.

## PEAS - Strike One, Two, and Three

Let's say we have a shipment of 6 million peas. One third are rotting and not fit to eat. We take a sample of 9 peas, examine them, throw out the 3 rotten ones, place the 6 good peas in the sample back into the shipment with the 5,999,997 other peas, and ship them. Right? We take a sample of less than 1% of our homeless population in San Diego County, weed out the "bad" ones, and proclaim all else to be okay. The RTFH, **Regional Task Force on the Homeless**, of San Diego County Government, does this annually. The "bad peas" get imprisoned in an institution for the poor, such as PATH or the San Diego Rescue Mission, until they become mentally ill. Then, they will need help for life, which makes lots of business for the institution. Think I'm joking? Read my analysis to follow. I am actually being kind and pragmatic!

## STRIKE 3 - Introduction to Mental Health Abuses:

**Strike One:** I originally wrote a lengthy thousands-of-pages long analysis of how I became victimized by society and the Bar, as

an adjunct of my wanting \$2 billion in damages. It was so scathing that the Literary Agent assigned to evaluate it committed suicide. I destroyed all copies. Another work that I destroyed (**Strike Two**) was a lengthy article on the San Diego County Mental Health System and how it is used to destroy, silence, intimidate, harass, and permanently incapacitate people. The reason I destroyed the article is that I was afraid of causing the closure of all State Mental Health facilities, which it had the potential to do.

I toned down my articles, and now Strike One is part of Package B, obtainable at [NZ9F.com/PDF](http://NZ9F.com/PDF), but it is missing 99% of its material. Strike Two, about Mental Health Abuse, is being toned down and reprinted (different article) below. Strike Two was actually censored out of the San Diego Homeless News in 2011. It now becomes my Strike Three, presenting only 15% of the horrors, to make it readable. I've not been in a Mental Hospital since studying to be a Psychologist...until one day...

## STRIKE 3

A few years ago, I had a scathing speech to deliver to the San Diego City Council, and made the mistake of publishing an advanced copy in my web blog. I also talked about my upcoming suicide, which is probably inevitable, eventually. No hurry. As soon as I entered City Hall for the meeting, I was arrested on a "5150" Hold, "Danger to Self or Others", handcuffed, and subjected to the tortures that involve the Mental Health Abuse Process these days. I am glad it happened, because it taught me that what I learned as a Psychology graduate student, and even as a Professor, needs a lot of correcting.

The ambulance driver made it clear that suicide is available, but only if you keep it a secret. Talk about it, and you get tortured. I was given a cell at County Psychiatric on Taylor St., never interviewed, and they wanted to give me some Valium. Since I do not like trancs, nor being high, I refused, so they secretly put it into some chicken that I was fed

for lunch. Now I am supposed to be tested for blood pressure and blood sugar, and given medicines for that, but County usually missed both testing and medications, making my blood pressure and blood sugar go haywire and causing me a lot of distress. They kept wanting to send me to a different facility, paid for by insurance instead of the County. I balked, but eventually allowed them to send me elsewhere. Bad mistake, because as bad as County is, Promise Behavioral Hospital was even worse.

From the beginning, everybody kept looking for a drug or alcohol problem, neither of which I have, so they were constantly taking blood and urine samples, and even breathalyzer tests. Try to tell them that I am "high" on excessive blood pressure and excessive blood sugar, because they have my medicines so messed up.

Promise Hospital tries to addict everyone to cigarettes, providing unlimited free smokes for those who follow orders and obey. I do not smoke, have never smoked cigarettes, and am extremely allergic to tobacco smoke from cigarettes (although not from cigars, with some exceptions). None for me.

The food was so loaded with human blood and semen that it made me very sick, and made me somewhat crazy as well, which is very normal. They got upset when I wouldn't eat it, and when I got a really bad case of diarrhea, they refused to give me medicine for that. I was wet-farting liquid shit all over for days.

I wanted a shower, but it took a day and a half to get permission, and wanted to keep a log, but that was not permitted. Every hour or so, they took a large blood sample (not just a finger-poke to check blood sugar for diabetes), plus every hour or two they presented me with legal papers asking that I consent to stay there permanently. I wanted a lawyer but was denied. I eventually threatened to sue, but did not lose my temper, gently delivering that message.

I attended every group therapy session offered, but none were on my mental or social level. I

got examined by a physician who knew who I was, and she put a huge amount of love into me, which helped.

Then, I finally got to see a psychiatrist, Dr. John Allen, M.D., from La Mesa. He invited me in, sat me down, and asked what medicines I was taking. I told him I was on Strattera, and he refused to allow that, even though abrupt withdrawal almost always causes suicide. He either didn't know, or didn't care. He wanted, without ever interviewing me, to put me on a Major Tranquilizer, used for psychosis.

Why? I asked. He told me I was Schizoid or Schizophrenic, so I asked what in my behavior might indicate that. He told me that he was the doctor, and I should trust his judgement. He said that I was probably in and out of mental hospitals my whole life. I told him that I was never in one as a patient before, and that he should look at my medical records. So, he asked what Mental Health issues I was suffering from, and I told him ADD, Attention Deficit Disorder. He said that there is no such disease. Just then, his cell phone rang, and he spent the next 50 minutes on the phone, helping his wife with her car that refused to start. Keep in mind that at no time was I ever interviewed. I have no idea what he may have diagnosed me as in the end, but I diagnosed him as being **Extremely Incompetent**. I personally do better psychiatric work than that.

When it came time to release me, they would not let me go unless and until I signed a legal paper indicating that I cannot sue them. They ended up holding me an extra 3 hours, past the legal release time, until I threatened to sue for Kidnapping and False Imprisonment. All of this very calmly.

The experience took 4 months to recover from, in which time I nearly really did commit suicide, only as a result of this traumatic experience. My original story, which I destroyed, ran 300 more pages, and was a hundred times more graphic and horrific.

It looks to me like Promise Hospital had beds open, and it was Dr. Allen's job, along with legal staff, to fill them. I am a Psychologist, a

Gnostic, and a professional, but how would an ordinary person fare? This is all based upon an article that I censored out of the San Diego Homeless News in 2011. I wanted to ask that both Dr. Allen and Promise Hospital receive a license suspension.

Left out of this telling of the story are many horrors, such as torture by electroshock "therapy" meted out to those who disobey, and a large number of people who claim that they never had any mental illness until they went there. The abuse of psychiatric drugs was evident, and although a lot of folks were there on a "5150" (Dangerous) hold, **I found not one person to actually be dangerous.** Everyone was being harassed by a neighbor, ex-spouse, ex-friend, or ex-employer, or they made a political statement that the government did not like. 5150 is a very important law, but it needs to not be funded by State or Federal funds, to limit its abuse. The Arresting Agency should have to pay all costs of enforcement.

## Lunatics

Deb Mitchell, Director of Presbyterian Urban Ministries, asked a focus group that we are both in why there are suddenly so many more lunatics (bipolars and schizophrenics) than ever before. I had observed this problem, and also wanted to know. Mental Health Administrators said that the County programs, called LIHP and CMS were over, and this was part of the transition to ObamaCare. Okay, but I also noticed many new recently-discharged **Militics** (Military Lunatics), too, and even that did not explain the upsurge.

I hit the streets (unhoused) for a few days to investigate, and found that an upturn in the use of Spirituality (control dope) in the foods is also to blame, plus our ever-worse economy. Friends that had helped me to establish our website, and helped publish the San Diego Homeless News years ago were now severely mentally ill as Bipolar or even Schizoid. Almost made me cry, because these were well-educated, productive, extremely intelligent people. This is homelessness causing permanent mental illness, because when being

homeless causes mental health problems that are severe, there is no treatment, no cure, no nothing. Very sad. Cry? **No, kick some ass with those abilities that I still possess.** If I were not a priest (Mexico) and a bishop (USA) I could not handle any of this. I would be one of them!

## Making Me The Issue

There has always been a huge effort to marginalize me, make me look stupid, or crazy, or confused, or abnormal, or whatever. When I speak at City Council meetings, City makes sure that there are Schizophrenics "representing the homeless" who speak just before I do, for example. At meetings, I get insulted regularly and repeatedly. After taking a nice shower, shaving, and putting on fresh clothing, some people hold their nose and say, "Homeless stink!" I even get interfered with Spiritually (Gnosis, Tantra, Spirituality, Al Halal, Medical Term, not Religious) is used to interfere when I am speaking, breaking my train of thought, in an attempt to make me look incoherent.

And, all throughout, those who cannot put forth an argument instead try to make me the argument, as if this is all about me, which it is not. I am just not that important. The Freemasons have their agents Downtown, posing as homeless, pointing their fingers at me and shouting, "There goes a lunatic!" They don't understand that that doesn't work, and people know who and what I am. The homeless know that I'm very intelligent and telling the truth. I keep photographic records of who the Mason Agents are, and have moles in their Cabal as well. Three weeks after I began publishing this newspaper, years ago, there was an attempt to kill me, which resulted in certain individuals and one Cabal group becoming identified as the perpetrators.

At a recent meeting of civic leaders one of them suggested that I suffer from Multiple Personality Disorder. I do not like it when I get insulted, but can I fire back, insulting a community leader? Not a good tactic. As it turns out, all that it proved is that he has no idea what that disease consists of. Room filled

with very intelligent people. I suffer from no mental illness except ADD, Attention Deficit Disorder, and that is not even usually considered a mental illness. It is caused by consuming too much control-dope in the food you eat.

## **SIP, HOT, PERT = Mental Abuses**

The problem with SIP (Serial Inebriate Program), HOT (Homeless Outreach Team) and PERT (Psychiatric Emergency Response Team) is that they rely upon incorrect data and assumptions, incorrect conclusions, and propaganda that universities teach as the truth, even though it is based upon false, fake, and rigged "studies" of the situation. Any of the homeless can set you straight as to what is really true, not just me. I am just easier to read.

**SIP** assumes housing to be more important than escape via alcohol. An alcoholic with no booze will find other things, maybe turning to heroin, cocaine, shoplifting, sex with children, weightlifting, tennis, or video games. Many escapes are bad, but not all of them are. Escape, yes. Housing, maybe. If you do not control the new behavior that is substituted for the alcohol, it is your fault that we have a new child molester or bank robber. Any of these people can be made into a workaholic, substituting in hard work instead of booze. Are we doing that? Of course not, because society is too stupid.

**HOT** assumes that police contact can be perceived by the homeless as less than life-threatening. San Diego Police are famous for separating the homeless from their possessions by taking them (but not their belongings) to jail, and then what they have is either stolen or gets trashed by the City. People lose their family burial urns, photos, artwork, everything. In addition, all of us have seen cops shoot and kill fellow homeless, without even talking to them first, and then laugh about it and not get prosecuted. So, for us, police are paid cold-blooded killers. Having police nearby, we fear for our lives. Are they ordered to kill me today? Paranoid? Fear, rational fear, is not Paranoia. Police are

believed whenever they lie, and we all know that. We are also all victims of that. I have suggested that San Diego Fire and Rescue should operate HOT because homeless do not fear Fire Fighters as paid killers, plus homelessness is something to be **rescued from, not prosecuted for**. Would a synagogue allow security officers to wear Nazi uniforms? What if they called them "Nazi Outreach Ambassadors"? See my point? The uniform of a killer denotes a killer, even though this particular person may not be one.

**PERT** needs to realize that most psychiatric "emergencies" are fake ones, made up by the person or those attempting to harass them. PERT is long on college and book knowledge, short on reality training. Incompetent, but trying really hard. County should hire homeless and ex-homeless for PERT, because homeless can see right thru the bull and make a valid decision as to safety. We need to be able to do this, evaluating everyone new constantly, or be shot or stabbed ourselves. Your "experts" lack this ability, and as a victim of PERT personally, I can attest to this. If you were to choose your personnel based upon what they know and are able to do, instead of who they are related to or their placement in the Mormon and Jewish hierarchies of societal rank, you would have far better results. Government is too corrupt to do it the right way, especially at the San Diego County level. PERT is San Diego County, of course, pretending to be a nonprofit organization. **Am I making sense to you at County, or do you have your heads buried in the sand, per usual?** People depend upon me for a no-bullshit analysis of reality. If you want the Fairy Tale News Hour, watch FOX (FAUX Fictional News.)

**Continued in the San Diego Homeless News,**  
**[www.NZ9F.com/SDHN](http://www.NZ9F.com/SDHN)**.

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